



2024 Tri-Cities Autism



Resource Directory

Sign up to receive Monthly E-Alerts at www.arcoftricities.com and follow Parent to Parent, The Arc of Tri-Cities on Facebook.

Request to join <u>"Better Together of The Arc of Tri-Cities"</u>, a closed Facebook Group, only for local families members.

Open this directory on www.arcoftricities.com to click on links for each website, for each underlined resource.

Contact Melissa Brooks, Parent to Parent Coordinator if you need help, information, or support.

Contact info: (509) 783-1131, ext. 108,

p2p@arcoftricities.com

Spanish support is also available, Martha Jones

(509) 531-5388, marthaj@arcoftricities.com

Resources for the Tri-Cities for Autism and other Intellectual/Developmental Disabilities

Table of Contents:

Where to go for a diagnosis	Page 3
Where to get help for your child	Page 4
Therapies and interventions	Page 6
Funding, help paying for needs	Page 13
Where to find support	Page 17
Things for your child to do	Page 19
Everyday Services	Page 22
Services/Recreation for Adults with Disabilities	Page 24
Getting Support & Learning About Autism	Page 27

*Please note that The Arc of Tri-Cities is not endorsing nor recommending any one service. This is for informational purposes only. Please let us know of any missing or incorrect information.

Contact Melissa Brooks, RN at (509) 783-1131, ext. 108, or p2p@arcoftricities.com

Where do I go for a Diagnosis?

(Local only, see link for a complete list of state centers)

"Center of Excellence" is a practice that has received specialized training by the WA State HCA. Please see the link below for a list of all that can do autism evaluations. These accept Medicaid and can make a referral for Medicaid covered ABA therapy (Applied Behavior Analysis.) Choosing one of these may help in acquiring services, if your child qualifies for Medicaid.

*FOR FULL LIST OF "CENTERS OF EXCELLENCE" in WA, click here

- 1. <u>Elizabeth Vossenkemper</u>, CPNP (Center of Excellence), United Family Center, 509-581-0303, 333 W Canal Dr., Kennewick, WA 99336
- 2. Columbia Basin Psychiatric Solutions (Center of Excellence), Angela Hamel, DNP, ARNP, PMHNP-BC, Psychiatric NP, (509) 300-1203, 8108 W Grandridge Blvd, Kennewick, WA 99336. Accepts all ages and works with medication management.
- 3. <u>Pediatrics For You</u>, (Center of Excellence) 509-572-220, Dr. Shakti Matta and Carrie Lamb, 6802 W Rio Grande Ave, Kennewick, WA 99336 (must be a patient of Pediatrics for you, all ages, up to 18 years old, will evaluate outside patients on a limited basis) Fax: (509) 783-8844.
- 4. <u>Three Rivers Psychiatry</u>, (Center of Excellence) 509-940-5577, Angela Combs, ARNP, PMHNP, 1355 Columbia Park Trail, Richland WA 99352 Fax: (509) 834-7607.
- 5. <u>Center for Psychological Services</u>, Kenneth Cole, Psy.D and Jessica Long, Psy.D., (509) 737-9009, 6816 W. Ria Grande Ave Kennewick, WA 99336, Fax: (509) 737-9010 (Dr. Cole is private pay only and Dr. Long is only evaluating her patients there for counseling.) Email: <u>Clinic@Sageviewpsych.com</u>
- 6. <u>Sageview Youth Psychology</u>, Dr. Scott Grewe, Ph.D., ABPP/CN (All ages) 1950-O Keene Rd., Richland, WA 99352, (509) 627-2600, Fax: (509) 627-2060
- 7. <u>Columbia Basin Psychological Services</u>, Dr. Nora Marks, Ph.D., 7015 W. Deschutes Ave. Suite B. Kennewick, WA 99336, (509) 572-2126, Email: <u>office@cbpsych.net</u>, contracted with DVR and SSI, no insurances billed.

Where do I get help for my child?

Let your child's physician know if you have concerns. If your child is under 3, contact one of the listed Birth to 3 providers listed below based on the city you reside. If your child is 3-21 yrs. Call your local school district and ask for an evaluation for special services.

Birth to 3 providers based on the city where your child lives:

ESIT Partners: <u>Children's Development Center</u>: Kennewick, Finley, Pasco, Patterson, Plymouth, Contact: Becky Seaman beckys@childrensdc.org

Phone: 509-735-1062 x310 Fax: 509-737-8492

ESD 123: Richland, West Richland, Benton City, Prosser, Burbank, Prescott, College Place, Walla Walla, Touchet, Wallula, Waitsburg, Contact Kellie Musick, b3info@esd123.org, 509-544-5727, Fax, 509-544-5798

Columbia Basin Health Association: Eltopia, Mesa, Connell, Basin City, Othello, Ritzville, Lind, Washtucna, Evelia Ocampo, eveliao@cbha.org, 509-488-5256, x6310, Fax, 509-331-1608

- 1. <u>Children's Developmental Center</u> (Birth-3) Early intervention services through natural environment. (509) 735-1062, 1549 Georgia Ave. SE, Richland, WA 99352.
- 2. <u>Keewaydin Discovery Center</u> (KSD) Special services for ages 0-5. (509) 222-5028, Fax: (509) 222-5056. 125 S. Conway Place, Kennewick, WA 99336.
- 3. <u>Head Start & Early Head Start</u>, preschool program provides activities for young children and an opportunity for parents to become involved. 1549 Georgia Ave. SE, Suite B, Richland, WA 99354, Phone: (509) 735-1062 Fax: (509) 737-8492.
- 4. <u>Kennewick School District</u>, (509) 222-5000, 1000 W. Fourth Ave., Kennewick WA 99336.
- 5. Richland School District, (509) 967-6000, 6972 Keene Road, West Richland WA 99353. Fax: (509) 942-2401. Email: info@rsd.edu.

- 6. <u>Pasco School District</u>, (509) 543-6700, 1215 West Lewis, Pasco, WA 99301 Fax: (509) 543-6728.
- 7. <u>Finley School District</u>, (509) 586-3217, 224606 E. Game Rd, Kennewick, WA 99337 Fax: (509) 586-4408
- 8. Kiona Benton, (509) 588-5580, 1105 Dale Avenue, Benton City

Homeschooling and Tutoring:

- 1. <u>Homeschool 3-Cities</u> website provides information about homeschooling in the state of WA, homeschooling children w/ autism, and local resources. Not active or updated in a while, but the info is still accurate and helpful.
- 2. <u>Washington Homeschool Organization</u> provides all the info you need to know about how to homeschool, legally, in WA state. Phone: (425) 835-2452. Email: Whocontact@washhomeschool.org
- 3. <u>Special HS of WA</u> Facebook group is a closed statewide group to talk to other homeschooled families with children with special needs, great resource!
- 4. <u>Aut-2B-Home in Carolina</u>, blog by long time homeschool family of a now 25-year-old with autism and aphasia. Wealth of info from an experienced mom.
- 5. <u>RPM Teaching Method</u> is a method to teach reading, spelling and ultimately communication by presuming competence, using first choices, then a letter board, with goal of using a text to speech device for individuals who are not speaking or not reliably speaking. <u>information@halo-soma.org</u>, (512) 465-9595.
- 6. <u>Mid-Columbia Partnership (MCP)</u> (509) 222-5036 Alternative program that supports homeschooling through the Kennewick School District. 5980 W. 12th Ave Kennewick, WA 99338 Fax: (509) 222-5114.
- 7. <u>Three Rivers Homelink</u> Phone: (509) 967-6090, Fax (509) 943-1754 an alternative learning program through RSD, Skill building Lab for reading and/or math 1710 Van Giesen St. Richland, WA 99354
- 8. Sylvan tutoring: New Students: (509) 396-5512, 81 Keene Rd., Richland

- 9. Eclipse Tutoring: Angie Hood, (509) 438-8101, eclipsetutors@gmail.com
- 10. Downing Family Tutoring, Andre and Emilly Downing, Educational and Behavioral consulting, Individual and Small Group sessions, multi-sensory learning, tutoring for dyslexia, autism, ADHD, K-12 and college level writing, 509-212-7671, downingemilly@gmail.com
- 11. <u>C&C Learning Supports</u>, LLC, Direct Services as well as consultation for private and public institutions, Assessments, Consultation and Training, 509-987-5147, 42803 E Ridgecrest Dr NE, Benton City, WA 99320, cpope@cclearningsupports.org

What therapies and interventions are available?

For a full list of Medicaid Enrolled ABA providers in WA, click <u>HERE</u>.

WAC (WA Administrative Codes) for Medicaid to cover ABA, click <u>HERE</u>.

For help getting therapies paid for by private insurances and

Medicaid please join (for free) and contact <u>Washington Autism</u>

Alliance and Advocacy. They can help!

ABA (Applied Behavior Analysis, Behavioral Therapy):

- 1. <u>Caravel Autism Health</u> (formerly Imagine Behavior) Kids Behavioral Therapy/Consultation, Early Intervention Services, Adult Behavioral Therapy/Consultation, Family Education and Professional Development. Accept insurance and Medicaid, intake coordinator is Anna, aforan@caravelautism.com, Medical Records: (920) 857-3366. Intake Fax: (800) 513-7773. New Clients: (509) 204-3765. General: (509) 584-4898 (Ages 13 and younger for new intakes) Address: 7401 W. Grandridge Blvd. Suite 102 Kennewick WA 99336.
- 2. <u>Children's Developmental Center</u> (Ages 2-6) Contact Haylee Carnes, BCBA at hayleec@childrensdc.org or (509)735-1062 Ext. 2 Fax: (509) 735-8492.

- 3. <u>Discovery Behavior Solutions</u>, ABA therapy and behavior consultation for all ages, with home and clinic settings available. <u>Info@discoverybehavior.com</u>, 8019 Northeast 13th Ave. Vancouver WA 98665. Phone: (360) 984-3131. Fax: (360) 718-8542
- 4. Enterprise Behavior Analysis, Jessica Hale, BCBA, jess@enterprisebehavior.com, private pay only
- 5. Forta's Family Powered Autism Therapy helps families gain access to ABA services by giving parents free training to become a Behavior Technician (BT). Work with a therapist to build and deliver a personalized therapy program to your child and help them reach their development goals. 415-322-8857, care@fortahealth.com
- 6. <u>ADEPT (Autism Distance Education Parent Training)</u> 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism and other related neurodevelopmental disorders functional skills using applied behavior analysis (ABA) techniques.
- 7. V.I.E.W. (Virtual Intensive Engagement Wraparound)-Molina ONLY A telehealth option for youth and families. The program includes individual and family sessions, care coordination, and medication management. https://excelsiorwellness.org/wellness-center/ Eligibility: Birth-21, Medicaid or Medicaid eligible. Duration/Time Commitment: Weekly and monthly sessions for 90 days All forms and services are done online. Referral form: https://app.formdr.com/.../YdFQ96ZFoqvfeP8y4Z2MY m8gaVF 640
- 8. <u>KCABA LLC</u>, Applied Behavior Analysis Services, limited availability for our area. In person and online services available. Email or call Kav at kav@kcaba.org, (425) 588-8220.

Social Skills Classes:

 Voyager Initiative at The Arc of Tri-Cities, Groups ages 11-14 and 14+ Phone: (509) 783-1131. Email: <u>Donnat@arcoftricities.com</u> or Jakeb@arcoftricities.com

2. <u>Achieve Center Pediatric Therapy</u> (Speak Spanish) Social skills groups available for all ages, for clients. 7203 W. Deschutes Ave., Ste. A, Kennewick, WA 99336, Phone: (509) 619-7397, Fax: (866) 798-0203

Speech Therapy:

- 1. Achieve Center Pediatric Therapy (Speak Spanish) Offers AAC evaluations. Autism screenings also available with referral. 7203 W. Deschutes Ave., Ste. A, Kennewick, WA 99336, Phone: (509) 619-7397, Fax: (866) 798-0203
- 2. Trios Therapy Services (509) 221-6350, 3730 Plaza Way, Suite A, Kennewick, WA 99336, FAX: (509) 221-5152 Website: https://www.trioshealth.org
- 3. <u>Agape Therapy Services</u>, Physical, Occupational, and Speech Therapy for children ages birth-21. (509) 942-8474, fax (509) 388-2995, office@agapetherapywa.com, 925 Stevens Dr., Suite 1E, Richland, WA
- 4. <u>Speech Pathology Learning Center, LLC</u> (Hablas Espanol), Denise Ciarlo, CCC/SLP, MA (509) 735-6442, 8514 Gage Blvd., Kennewick, WA 99336 Email: Denise@thespeechpathologylearningcenter.com
- 5. <u>Children's Developmental Center</u> (509) 735-1062 (Hablas Espanol),1549 Georgia Ave., Richland WA (up to age 2 years old only)
- 6. Kadlec, Healthplex, 1268 Lee Blvd. Richland, WA 99352, (509) 942-2660
- 7. <u>Lourdes Medical Center</u> (509) 546-2306, 520 N. 4th Ave., Pasco, 99301 Phone: (509) 547-7704.
- 8. Audrey Carlson, M.S., CCC-SLP, CAS, Speech-Language Pathologist and Certified Autism Specialist, Private pay only, in-home available, (509) 366-2583, audrey@audreycarlsonspeechtherapy.com
- 9. Neurolingua Therapy, speech only, Shaundra Lynnette Cook, 541-292-7321, Kennewick
- 10. The Resilient Child Speech Therapy, Talia Avalos, M.S., CCC-SLP, Speech Language Pathologist, (509) 416-6471, bilingual

Occupational/Physical Therapy:

- 1. <u>CAN Do Kids</u>, (509) 392-3773, Motor skill development, social interaction, neurological and sensory processing and integration techniques. Fax: (509) 362-9693, online consultations only, office@candokidspediatrictherapy.com
- 2. Kadlec Healthplex (509) 942-2660, 1268 Lee Blvd., Richland, WA 99352
- 3. <u>Children's Developmental Center (509)</u> 735-1062, 1549 Georgia Ave., Richland WA (up to age 2 years old only)
- 4. Lourdes Physical Medicine Center (509) 546-2306 Fax: (509) 546-2347, 9915 Sandifur Parkway, Pasco, WA 99301 (medical therapy)
- 5. <u>Agape Therapy Services</u>, Physical, Occupational, and Speech Therapy for children ages birth-21. 509-942-8474, fax 509-388-2995, office@agapetherapywa.com, 925 Stevens Dr., Suite 1E, Richland, WA 99352
- 6. Trios Therapy Services (509)221-6350, 3730 Plaza Way, Suite A, Kennewick, WA 99336, FAX: (509) 221-5152

Counseling and Crisis Help:

- *National Suicide Prevention Lifeline 1-800-273-TALK *Detox: 1020 S. 7th Avenue, Pasco, WA, 547-9000
- 1. <u>Benton Franklin Crisis Response Unit</u> acute and emergent mental health intervention services, crisis intervention, information and referral, grief counseling, education, emergency assistance with psychiatric medications, and consultation. (509) 792-1747, 7404 W Hood Pl, Kennewick, Washington 99336
- 2. <u>Catholic Family and Child Service</u> (Assists with Crisis Intervention) Counseling services for children and adults, 2139 Van Giesen Street, Richland, Linda Robb, (509) 946-4645, <u>Irobb@cfcstricities.org</u>
- 3. <u>Lutheran Community Services NW</u> (Assists with Crisis Intervention) 3321 W. Kennewick Ave, Suite 150, Kennewick WA 99336 (Medicaid only) Phone: (509) 735-6446 and Fax: (509) 735-6449, Toll-free: 1-800-678-4876

- 4. <u>Lourdes Counseling Center</u> (Assists with Crisis Intervention)
 Counseling services available for adults and children. Many languages available,
 1175 Carondelet Drive, Richland, (509) 943-9104 and Fax: (509) 943-7206
- 5. <u>Sageview Youth Psychology</u>, <u>clinic@sageviewpsych.com</u> (509) 627-2600 1950-O Keene Rd. Richland, WA 99352, Fax: (509) 627-2060
- 6. <u>Greater Columbia RSN</u>, 101 N. Edison Street, Kennewick, 1-888-545-3022 Fax: (509) 783-4165 and Ombuds Services: 1-800-257-0660, 24-Hour Crisis Line for Benton-Franklin Local office: (509) 737-2475 Regional Crisis Hotline: (888) 544-9986 Website: www.gcbhllc.org
- 7. Melinda Johnson, LICSW, ACSW, Child Mental Health Specialist 750 George Washington Way Ste #7, Richland, WA 99352 (509) 946-3113 & Fax: (509) 946-8519, mjsocialworker@aol.com
- 8. Veronica Rios, M. ED., LMHC, LLC (Speaks Spanish) 925 Stevens Drive Ste 3B, Richland, WA 99352 (509) 851-5057, eFax: 1-509-769-5219, vrios509@yahoo.com
- 9. The Center for Child and Family Counseling, Brandie Frisby, PLLC, LICSW, CMHS, (509) 956-4616, Fax: (509) 210-5714, brandiefrisbypllc@gmail.com and April Jones, LICSW, CDP, (509) 531-5383), april@apriljonescounseling.com, 6855 W, Clearwater Ave., Suite K, Kennewick, WA 99336
- 10. Chaplaincy Behavioral Health, 148 Fowler St. Richland, (509) 783-7416
- 11. <u>AGS Counseling Services, Adriana Saenz</u>, LMHC (Spanish speaking), Address: 401 N. Morain St. Kennewick, WA 99336, (509) 774-5385 (ages 6+)
- 12. <u>Sarah Reeve, LMHC</u>, 509-735-7582, 509-212-0031. 6725 W Clearwater Ave, Kennewick (play therapy available) <u>sarah@sarahjreevecounselingservices.com</u>
- 13. <u>Canyon Lakes Family Counseling Center</u>, (509) 591-0462, fax: (509) 834-7286. 1355 Columbia Park Trail STE E. Richland WA 99352. info@canyonlakescounseling
- 14. <u>Munson Family Counseling, PLLC</u>, 7409 W. Grandridge Blvd. STE. 101, Kennewick, Washington 99336, (509) 619-2270, Fax: (509) 284-4857 <u>munsonfamilycounseling@gmail.com</u>

- 15. Joshua Cole Counseling, LLC, 8350 West Grandridge Boulevard #200, Kennewick, WA 99336, (509) 205-4040, joshuacolecounseling@gmail.com, Ages 6 and up, "With a background in behavioral therapy for children on the Autism Spectrum, I utilize behavioral and cognitive techniques to reach therapeutic goal outcomes. I have also worked with teen and adult clients facing issues related to depression, anxiety, anger, and other mental health diagnoses."
- 16. Clareese Wilinson-Rivera, (509) 420-6340, Tri Cities Marital and Family Therapy, 925 Stevens Drive, Suite 3A, Richland, WA 99352
- 17. <u>The Center for Child and Family Counseling</u>, Brandie Frisby, PLLC, LICSWm CMHS, brandiefrisbyplle@gmail.com, 6855 W. Clearwater Ave., Suite K, Kennewick, WA 99336, phone: (509) 302-6588, fax, (509) 278-5659
- 18. Nicole Hamilton, PLLC, 201 N Edison St Ste 233, Kennewick, WA 99336, Phone: (509) 359-9710
- 19. United Family Center, Shane Gulley, 509-581-0303, 333 W Canal Dr., Kennewick, WA 99336
- 20. Three Rivers Therapy, WISE program, 509-378-5553, 10505 W Clearwater Ave., Kennewick, WA 99336, Fax 509-579-4088, 24/7 WISE Crisis phone # is 509-713-2872

Medication Management:

- 1. Angela Hamel, ARNP, PMHNP-BC, <u>Columbia Basin Psychiatric Solutions</u> (Ages 3 and up) Address: 8108 W. Grandridge Blvd. Kennewick WA 99336, (509) 300-1203, Fax, (509) 420-9943
- 1. Reliance Health, 1446 Spaulding Park, Suite 303, Richland, WA 99352, (509) 420-5060, Fax: (509) 420-5059 After Hours: (509) 845-4515.
- 2. Lourdes Health, Dr. Pe, (509) 943-9104, 1175 Carondelet Dr, Richland WA. 99352 Website: https://www.yourlourdes.com/contact
- 3. <u>Angela Combs, ARNP</u>, (509) 940-5577, Address: 750 Swift Blvd. Suite 15 Richland WA 99352. Fax: (509) 834-7607

4. <u>Elizabeth Vossenkemper</u>, CPNP (Center of Excellence), United Family Center, 509-581-0303, 333 W Canal Dr., Kennewick, WA 99336

Hippotherapy (horseback riding therapy):

- 1. <u>Strides Therapeutic Horsemanship Center</u>, Jill McCary, Lead Instructor (509)492-8000, 180 Honeysuckle Road, Pasco, WA 99301 <u>Email: strides@stridestc.org</u>
- 2. <u>TROT</u>- Therapeutic Riding of Tri-Cities-Physical and Speech Therapists registered thru American Hippotherapy Association (AHA). Riding Instructors certified through CHA and PATH. Path to Success counseling with our Licensed independent clinical social worker associate. 104 E 41st Place, Kennewick, WA 99337, 509-412-0112, info@trot3cities.org, Mailing Address: P.O. Box 5108, Pasco, WA 99302

Massage Therapy:

1. Myo Therapeutic Messag Aurora Morgan, LMP Email: auroramorganlmp@gmail.com For children/adults with autism. (509) 430-8862 (Text only) 19 N Cascade St., Kennewick, WA 99336

Vision Therapy:

- Washington Vision Therapy Center, Dr. Joshua Randall, OD, Developmental Optometrist, 7203 West Deschutes Ave., Ste. B, Kennewick, WA 99336,information@wavtc.com, (509) 654-9256 Fax: (509) 834-7400
- 2. <u>Heaston Thomspon Vision Clinic</u>, 1321 Aaron Drive, Richland, WA, 99352, (509) 943-3171, Fax. 509-946-0905 Email: contactus@heastonandthompson.com
- 2. <u>Pasco Vision Clinic</u>, 2715 W. Court St. Pasco WA 99301, (509)547-8409, Fax: (509) 544-7875, <u>admin@pvceye.com</u>

Therapy and Service Dog/Animal Information:

- 1. <u>Heritage Service Dogs, heritageservicedogs@gmail.com</u>, (541) 203-0456, Address: 85610 Mcdaniels Rd. Milton Freewater, Oregon 97862
- 2. Canine Angels, 13475 N Applegate Rd, Grants Pass, OR 97527 Phone: (541) 846-6400
- 2. National Network, Service Animals and Emotional Support Animals

How do I find assistance with funding?

Contact Washington Autism Alliance and Advocacy to assist with getting therapies funded by insurance. "Join" on their website, for assistance, pro bono guidance, counseling, coordination, training, resources, and legal support to families and professionals, to help them attain effective autism treatment and socially significant rehabilitative programs statewide.

*2-1-1 helps connect you to community resources statewide: Diaper banks, food, housing, employment, utilities, insurance, counseling, and much more!. Dial the number 2-1-1 or use the link, https://search.wa211.org/

Government Assistance:

- 1. <u>DSHS-Developmental Disabilities Administration</u>, (DDA-state) (509) 374-2111, Fax: (509)734-7103 Address: 500 North Morain St. Suite 2210,
- (509) 374-2111, Fax: (509)734-7103 Address: 500 North Morain St. Suite 2210 Kennewick, WA 99336
- -What is it? The Developmental Disabilities Administration (DDA) is where people go to get help for in-home, out-of-home, and community-based services. Individuals who do not qualify for SSI due to family income may still be eligible for DDA services which are based on the child's disability and not family income. There are programs, called waivers, not based on family income that will also provide the individual with Medicaid, even if the individual has private insurance.
- -Website on how to apply: https://informingfamilies.org/topic/dda-services/
- -Website to apply: https://www.dshs.wa.gov/dda (or call the local office and ask them to mail you an application)
- -Check out eligibility info on The Arc of Tri-Cities website, here.

2. <u>Social Security Administration</u>, (SSI-Federal service) If someone is eligible for SSI, then they automatically get state health insurance. 8131 W Klamath Ct., SUITE A, Kennewick, WA 99336

What is it? Supplemental Security Income (SSI) is a federal program that gives payments to children and adults with disabilities who have limited income and resources. The cash payments can be used to meet basic needs for food, clothing, and shelter.

How to get it: Call toll-free at 1-800-772-1213 (TTY 1-800-325-0778) between 8:00 am – 7:00 pm., Monday through Friday. More information on how to apply, click <u>here</u>. (Info on our website, under Resources at <u>www.arcoftricities.com</u>)

Northwest Access Funds provides free monthly classes: **Navigating SSI Applications**, https://www.nwaccessfund.org/youth/navigating-ssi/

- 3. Children's Administration, part of the Department of Children, Youth and Families (DCYF), (509) 585-3000, assists families in crisis. 1661 Fowler, Richland, WA 99352, Early Learning office is at 3918 West Court Street Pasco, WA 99301, (509) 544-5705
- 4. Housing Authority assists families w/ public housing & rental assistance. Kennewick: Phone: (509) 586-8576, 1915 West 4th Place, Kennewick Pasco: Phone: (509) 547-3581, 820 North 1st Avenue, Pasco, WA 99301
- 5. Community Services Office (<u>DSHS</u>) assists in getting medical coupon, daycare, unemployment, food stamps-financial based services. 6909 Crosswind Blvd. Kennewick, WA 99336 and Phone: (877) 501-2233 Fax: (888) 338-7410.
- 6. <u>Community Action Council Committee</u> assists in finding housing for adults or families and assistance paying utilities.
 720 West Court, Pasco, WA 99301 and Phone: (509) 545-4042
- 7. <u>Benton Franklin Crisis Response Unit</u> provides acute and emergent mental health intervention services. Services include crisis intervention, information and referral, grief counseling, education, emergency assistance with psychiatric medications, and consultation.

500 N. Morain St. Suite 1250, Kennewick, WA 99336 and Phone: (509) 783-0500

8. <u>Benton-Franklin Health District</u> Services include birth/death certificates, food handler cards, immunizations, WIC services and injury prevention information.

Kennewick: Phone: (509) 460 4200, 7102 W Okanogan Pl., Kennewick, WA 99336, Pasco: Phone: (509) 547-9737, 412 W Clark, Pasco WA 99301 **Transportation**:

People for People, Providing transportation options for seniors, individuals with disabilities and the general public. Toll Free: 1-800-233-1624 Medicaid (Apple Health) Transportation Services: The Health Care Authority (HCA) covers non-emergency transportation for eligible clients to and from covered medical appointments. Most common modes are public bus, taxi, wheelchair van, airplane, gas vouchers, ferry tickets and reimbursement for vehicle mileage. To get this, contact the broker for your county and they will arrange the transportation that is most appropriate. In Benton County, this service in People for People.

<u>Disability Parking Placard</u>, A parking placard (sign) that allows your family to park close to an entrance of medical/dental offices, hospitals, shopping, etc. Take a prescription from your child's doctor along with this completed application (https://www.dol.wa.gov/media/1875/download?inline) to where you get tags for your car.

Other Assistance and Grants/Programs:

<u>Premium Payment Program</u>, for families that have dual coverage for their child (private insurance and Medicaid), may be eligible for the Medicaid Premium Payment Program (provides reimbursement for private insurance premiums): https://www.hca.wa.gov/health-care-services-supports/program-administration/premium-payment-program

Prescription for Diapers: For children ages 3 years and older, diapers or pull ups can be covered by medical insurance with a prescription from the child's doctor, supplied by a medical supply company.

Charity Care and Financial Assistance at Washington State Hospitals:

Washington's hospitals are committed to ensuring patients get the hospital care they need regardless of their ability to pay for that care. Charity care eligibility is based on family size and income. Providing health care to those who cannot afford to pay is part of the mission of Washington's hospitals. State law requires hospitals to provide free and discounted inpatient and outpatient care. Each hospital is responsible for maintaining its charity care program.

National Parks Pass, The Access Pass is a free, lifetime pass available to U.S. citizens or permanent residents of the United States who have been medically determined to have a permanent disability (does not have to be a 100% disability) that severely limits one or more major life activities. It provides access to more than 2,000 recreation sites managed by five Federal agencies. You can get the pass in person at a federal recreation site or through the mail. While the pass itself is free, there is \$10 for application processing fee if you of get it through the mail or online. Information on Access Pass (including the list of federal recreation sites) https://www.nps.gov/subjects/accessibility/interagency-access-pass.htm Website to purchase Access Pass online.

https://store.usgs.gov/access-pass

WA State Parks Discovery Pass

You do NOT need a Discover Pass if you have a disability placard/license plate OR a free state-issued Disability Pass. This program also offers free watercraft launching, trailer dumping and a 50% discount on camping and moorage. https://www.parks.wa.gov/1207/Disability-Pass https://www.discoverpass.wa.gov/131/Exemptions

1. Telecommunication Equipment Distribution (TED) program, provides equipment that can be used for communication such as captioned phones, teletypewriters, iPad Air/iPad Mini, iPhones, and anything an individual needs to access the equipment (e.g., switches, mounts, and speech generating apps). Anyone who lives in WA State (over age 4 years) and who is deaf, hard of hearing, deaf-blind, or has difficulty with speech (including autism, Cerebral Palsy, etc.) is eligible. Equipment may be a reduced cost or free of charge depending on income level. https://informingfamilies.org/wp-content/uploads/2020/04/TED.pdf Website with application: https://www.dshs.wa.gov/altsa/odhh/telecommunication-equipment-distribution

Thank you to Shayla's list for info! https://medicalhome.org/quick-key-resources/shaylas-list-family-support/

On-line resources for Grants/Scholarships/Donation programs:

<u>FEAT, Ben's Fund,</u> up-to \$1,000.00 per child, per award year, for children with an autism diagnosis ages 25 and younger, living in WA state. Can be used for your child's services, therapies, camps, equipment, safety/security, technology, etc.

<u>UHCCF Medical Grant</u>, United Healthcare Children's Foundation runs a grant program for children ages 16 and younger who have private insurance. The grants can be used to support medical costs not covered by insurance.

<u>Needy Meds</u>, Diagnosis-Based Assistance Programs, this site has a list of diagnoses and different grant programs that are available to support individuals with those diagnoses.

How to Get an iPad Funded for iPads and other Mobile Devices

Northwest Access Link – Low Interest (5%) Loans for Assistive Technology & Home & Vehicle Accessibility Modifications, and more.

<u>Lifeline Free Phone-</u>Government Program Free to Qualifying Households <u>Food Stamps</u>

<u>Reduced Cost Services Guide</u>-products and services in or near Washington state that are offered at reduced cost for people meeting certain income levels.

Where can I find support and how do I learn to advocate for what my child needs?

Sign up to receive Monthly E-Alerts for schedule of monthly workshops at www.arcoftricities.com and follow Parent to Parent, The Arc of Tri-Cities on Facebook.

1. The Arc of Tri-Cities, Parent to Parent provides emotional support, information and workshops for families of children with special needs. Connect with a parent mentor! 1455 Fowler St., Richland, WA 99352 Parent to Parent Coordinator, Melissa Brooks, RN, (509) 783-1131, Ext. 108, p2p@arcoftricities.com. For Spanish support, Maria Villarreal, Hispanic Outreach Coordinator, (509) 619-2711, mariav@arcoftricities.com
Closed Facebook group, Better Together, for local families with children with autism (any age) or other similar struggles (no diagnosis required.)

- 2. <u>Washington Autism Alliance and Advocacy</u>. Mission to improve access to autism insurance benefits and services in schools and communities. Phone: (425) 894-7231 & E-mail: office@WashingtongAutismAdvocacy.org
- 3. Responding to Autism Center, monthly parent support group, parent education, adult socials and employment services, 101 N Union Suite 203, Kennewick, WA 99336, Phone: (509) 396-9230, info@respondingtoautism.net
- 4. <u>P.A.V.E.</u> (Partnerships for Action, Voices for Empowerment), Help understand the educational system. Monthly meetings and yearly training for help with IEP's. Contact: Sherry Mashburn, Email: sherrymash11@hotmail.com 105 S. 6th St., Sunnyside, WA 98944, (877) 821-4113 or (509) 837-8909
- 5. Benton Franklin Parent Coalition, The Arc of Tri-Cities, provides information and resources about advocacy issues for families who have sons/daughters with developmental disabilities. DeAnna Winterrose, Coordinator, parentcoalition@arcoftricities.com, (509) 539-8802
- 6. <u>Autism Society of Washington</u>, provides advocacy, public awareness, education & research related to autism. <u>info@autismsocietyofwa.org</u> 120 State Ave. #303 Olympia WA 98501.Phone: (888) 279-4968
- 7. <u>Three Rivers Wraparound</u> coordinates care and supportive services for at-risk youth in Benton and Franklin Counties. (509) 735-6446 3321 W Kennewick Ave., Suite 150, Kennewick, WA 99336
- 8. Office of the Education Ombuds, Facilitate resolution of individual complaints regarding issues or concerns that impact any student in Washington's public school system and more. 1-866-297-2597 Phone interpreter services available, Fax: (844) 886-5196, OEOinfo@gov.wa.gov
- 9. Benton-Franklin Counties Special Education PTA, (find them on Facebook) is a coalition of families, teachers, administrators, and other advocates united in the effort to promote quality education and services for individuals with special needs and their families. Membership is open to anyone with an interest in children with special education needs and in how special needs can benefit the entire learning community. At our workshops, we will provide informative and professional speakers who speak on various issues that can aid parents in helping their children achieve their personal best. Workshops also available for educators.

584 Charbonneau Dr., Richland, WA 99352, bfcsepta@yahoo.com

What is there for my child to do? How can they be involved in the community?

- 1. <u>The Arc of Tri-Cities</u>, Partners and Pals and PNP Jr. Inclusive Program ages 2-21, 8-week summer program. 1455 Fowler St., Richland, WA 99352, Phone: (509) 783-1131
- 2. Events at The Arc, for adults and young adults with special needs. Art classes and socials, (509) 783-1131. Yearly Easter Egg Hunt for kids, BBQ for families.
- 3. <u>The Arc of Tri-Cities</u>, Special Olympics 1455 SE Fowler St, Richland, WA 99352, (509) 783-1131, Fax: (509) 735-7706 Most sports for ages 8 and up, sports to pick from for each season!
- 4. <u>Academy of Children's Theater</u>, Julie Schroeder, Education Coordinator Spectrum On Stage teaches tools for theatre while strengthening social, behavioral, and emotional skills. 213 Wellsian Way, Richland, (509) 943-6027, Info@actstaff.org
- 5. <u>Buddy Club</u> is a peer mentoring and friendship club open to all through The Arc of Tri-Cities. Also, have Buddy Prom! <u>buddyclub@arcoftricities.com</u>
 Sue Pederson- Program Coordinator (509) 783-1131
- 6. Zumba Fitness Class for Special Needs, free. Meets at <u>The Pacific Clinic</u> on Tuesdays at 4:30pm. Call Delayna Skadorwa at (509) 619-6346 or e-mail her at <u>delayna.skadorwa@gmail.com</u>.
- 7. Fishing Day by The Arc of Tri-Cities, (509) 783-1131 (In April or May, once a year) For people with all intellectual/developmental disabilities at Columbia Park.
- 8. Rascal Rodeo, Exceptional Rodeo, info@rascalrodeo.org
 Fun rodeo events for people with mental/physical disabilities of all ages.
 Held throughout the year, FREE! Join them on Facebook!
 (509) 528-5947, PO BOX 5791, Pasco, WA 99302
 9. Unified Sports, Contact The Arc of Tri-Cities 509-783-1131
- 10. <u>Garland Gymnastics</u>, Call (509) 582-7450 for open gym times, Tumble bus for lessons taught on the bus to preschool age-1st grade students. 8710 W Victoria Ave, Kennewick, WA 99336

- 11. <u>The Pacific Clinic</u> is a family friendly health club providing accommodations for special needs, programs for children, physical therapy and massage. (509) 783-5465, 1350 North Grant Street, Kennewick, WA 99336
- 12. <u>Mid Columbia Gymnastics</u>, 1523-C Fowler St., Richland, WA 99353 Call (509) 735-3861 for open gym times and party information.
- 13. <u>Outdoors for ALL Foundation</u>, Phone: (206) 838-6030 Summer programs for kids and adults with disabilities. 6344 NE 74th St. Suite 102 Seattle, WA 98115
- 14. <u>Strides Therapeutic Horsemanship Center</u>, (509) 492-8000 1540 Olympia Dr, Mesa, WA 99343 180 Honeysuckle Road Pasco, WA 99301, <u>Strides@stridestc.org</u>
- 15. <u>TROT</u>-Therapeutic Riding of Tri-Cities (TROT)-Physical and Speech Therapists registered thru the American Hippotherapy Association (AHA). Riding Instructors certified through CHA and PATH. Path to Success counseling with our Licensed independent clinical social worker associate. 104 E 41st Place, Kennewick, WA 99337, 509-412-0112, info@trot3cities.org, Mailing Address: P.O. Box 5108, Pasco, WA 99302
- 16. <u>StarFish Swim School</u> at The Pacific Clinic offers classes for all children, including children with intellectual or developmental disabilities.

 1350 N. Grant Street, Kennewick, WA 99336, Phone: (509) 783-5465
- 17. Swim lessons at Columbia Basin Racquet Club, 1776 Terminal Drive Richland, WA, (509) 943-8416, group and private lessons available.
- 18. Boy Scouts, provides an educational program for boys to build character, train in the responsibilities of citizenship, and to develop personal fitness. (509) 735-7306, 8478 W. Gage Blvd., Kennewick, WA 99336
- 19. <u>Mid-Columbia Ballet</u>, INCLUDE Ballet, adaptive dance instruction for children with special needs such as Autism, Down Syndrome, and related disabilities. Students dance with Mid-Columbia Ballet Company dancers every class! Ages 6-18, Cost is free, but registration is required. Dates on website, <u>MidColumbiaBallet.org</u>. Contact: <u>office@midcolumbiaballet.org</u>, (509) 946-5417, 21 Aaron Drive, Richland, WA 99352 (Tri-Cities Academy of Ballet)

- 20. ACE Spirit Cheer for all abilities, ages 6+, held inside All American Gymnastics next to Chuck E Cheese. <u>aceallstarcheer17@gmail.com</u>, 127 E. Reata Road, Kennewick WA, 99337
- 21. <u>Sparkle and Shine Pageant</u> for Special Needs by Kadlec, once a year, typically in April.
- 22. <u>WA Shining Star Pageant</u>, typically once a year in January, in Prosser, WA. Contact Rene at (775) 741-3800 Website: shiningstarpageantwa.org
- 23. <u>Kids Dig Rigz</u>, Special Needs Hour at Columbia Park, once a year in May, by Kadlec Foundation.
- 24. <u>Sensory Friendly Sundays at Chuck E Cheese</u> in Richland, first Sundays of every month at 9:00-11:00 AM.
- 25. <u>Tri-Cities Edge Cheer and Athletics</u> (Cheer and Dance), parades, teambonding, community events, competitions. Local showcases, learn routines, jump, tumble, dance and stunt. Ages 5+ <u>info@tricitiesedge.com</u>, 1701 S. Washington St. Suite 3, Kennewick WA, 99337
- 26. Sensory Friendly movies, <u>Pasco Fairchild Cinema</u> for kids that need it not as loud or as dark, free to move around, announced on <u>Facebook page</u>
- 27. <u>Gesa Carousel of Dreams, Accommodation Saturdays</u>, 10-11am the first Saturday of every monthly, designated for sensory sensitive visitors. Quieter and more inclusive for guests with sensory sensitivities. They will have breakfast, crafts and activities in addition to carousel rides. Free!
- 28. <u>Voyager Initiative at The Arc of Tri-Cities</u>, Groups ages 11-14 and 14+ Phone: (509) 783-1131. Email: <u>Donnat@arcoftricities.com</u> or Jakeb@arcoftricities.com
- 29. The Arc of Tri-Cities, <u>Dungeons and Dragons group</u>, Phone: (509) 783-1131, Email: <u>Donnat@arcoftricities.com</u> or <u>Jakeb@arcoftricities.com</u>

Where do I take child with special needs to the dentist, get haircuts, etc?

Dentists:

- 1. <u>Columbia Basin Pediatric Dentistry</u>, YVFWC.com Phone: (509) 375-5000 705 Gage Blvd. Richland WA. 99352
- 2. <u>Orchard Hills Pediatric Dentistry</u>, Phone: (509) 375-5000 705 W. Gage Boulevard, Richland, WA 99352
- 3. <u>Dentistry For Kids.</u> Kennewick office: Phone: (509) 585-5437 Address: 2611 S. Quillian Pl. Suite 110. Richland: Phone: (509) 946-9999, 39 Columbia Point Dr.
- 4. <u>Dr. Andrew Mohlman</u> (Parent recommended), Phone, 509) 736-2318 Address: 8511 W Clearwater Ave, Suite A, Kennewick, WA 99336
- 5. <u>Crown Dental</u>, for kids/adults who require anesthesia, accepts state insurance, (509) 980-0155, 4001 Kennedy Rd, Suite #1, West Richland, WA 99353
- 6. <u>Sleep Dentistry of Spokane</u>, for kids/adults who require anesthesia, accepts state insurance. 3143 E. 29th Ave., Spokane, WA 99223, (509) 536-5900
- 7. <u>Smile Surfers Kids Dentistry</u>, Pediatrics only. Can do appointments that require anesthesia. Performs Happy Visits to help kids acclimate to the dentist office and procedures. 3200 Duportail Street, Suite 204, Richland, WA 99352. (509) 946-9999. info@smilesurfers.com

Orthodontics:

1. <u>Greg Brown Orthodontics</u>, Dr. Kiersten Week,Frontdesk@gregbrownortho.com 306 N Delaware St., Kennewick, WA 99336

Phone: 509-735-7591

- Orchard Hills Pediatric Dentistry, Orthodontics
 W. Gage Boulevard, Richland, WA 99352, Phone: (509) 375-5000
 Hair Cuts:
- 1. Monkey Dooz Join them on Facebook! 1325 Aaron Dr. #103, Richland, WA, Phone: (509) 943-3669
- 2. <u>Fearless Cuts</u> Mobile Haircuts. Will come to you! Reach out to them on Facebook or call 509-528-0381

Photography:

- 1. Photos by Laura, Contact her via her website and find her on Facebook!
- Breshears Photography
 3704 S. Buntin Loop, Kennewick, WA 99337, Phone: (509) 586-6695
- 3. <u>Jake Boneck Photography</u> Located in Kennewick WA. Phone: (224) 829-8414. Email: Jakeboneckphoto@gmail.com
- 4. Spectrum Studios 830 N. Columbia Center Blvd. Suite B2 Kennewick, WA 99336, 509-579-4278

Hearing and Vision Clinics:

- 1.Hearing Healthcare Associates
 8102 W. Grandridge Blvd. Suite A, Kennewick, WA 99336, (509) 735-7461
- Heaston & Thompson Vision Clinic
 1321 Aaron Dr., Richland, WA 99352, Phone: (509) 943-3171
- 3. <u>Pasco Vision Clinic PS</u>, 2715 W. Court St. Pasco, WA 99301 Phone: (509) 547-8409 and Fax: (509) 544-7875

Genetic Counseling:

1. <u>Kadlec Medical Center Genetic Counseling</u>, Kerry Lorenzo, MS, CGC <u>kerry.Lorenzo@kadlecmed.org</u>, Phone: (509) 942-2529 Fax: (509) 942-2530

945 Goethals Drive, Suite 210, Richland, WA 99352

Chiropractors: <u>Justice Family Chiropractic</u>

Chiropractic, massage, nutritional counseling and more! (509) 222-1132 7106 West Hood Place, Kennewick, WA 99336.

Mobile Medicine:

Remedy Urgent Mobile Medicine - https://remedymobilemed.com/ (509) 212-8244, j.poston@remedyumm.com

What is available for Adults w/ Disabilities?

- 1. The Arc of Tri-Cities, Phone: (509) 783-1131, Fax: (509) 735-7706 Advocacy and support for people with developmental disabilities and their families re: birth to three services, special education, employment, residential supports, health care, transportation, respite and inclusion. Adult Recreation/Transportation/Vocational Support/Trips/VIP Program/Community Access/Engagement, Government Affairs/People First Group meets monthly/Advocacy committee meets monthly/Legislative Issues
- 2. <u>The Arc of Tri-Cities</u>-Adult Respite, VIP Club, Advocacy and support for people with developmental disabilities and their families. Program Manager-Jodie Wilson, Phone: (509) 783-1131 ext. 114 and Email: <u>jodiew@arcoftricities.com</u>, 1455 Fowler St., Richland, WA 99352
- 3. <u>The Arc of Tri-Cities-VIP Club</u>, adults with developmental disabilities learn social skills through interaction with friends, recreational and educational activities, and new experiences in the community. See the calendar for activities.

Program Manager- Jodie Wilson, 1455 Fowler St., Richland, WA 99352 Phone: (509) 783-1131 ext. 114 and Email: jodiew@arcoftricities.com

4. Exploring Art at The Arc, for adults and young adults with special needs. We will explore art styles and use them as our inspiration to create our very own works of art. Caregivers are encouraged to say if support is needed. All abilities are welcome because Art is for everyone! The Arc of Tri-Cities,

- 5. Zumba Fitness Class for Special Needs, free. Meets at The Pacific Clinic on Tuesdays at 4:30pm 5:15pm Studio 3. 1350 N Grant St., Kennewick WA 99337 Phone: (509) 783-5465
- 6. Fishing Day by <u>The Arc of Tri-Cities</u>, (509) 783-1131 For people with all intellectual/developmental disabilities at Columbia Park Fishing Pond. Friday April 21, 2023. 1:30pm – 6:00pm
- 7. <u>Rascal Rodeo</u>, Exceptional Rodeo Fun rodeo events for people with mental/physical disabilities of all ages. Held throughout the year, FREE! Join them on Facebook! (509) 528-5947, PO BOX 5791, Pasco, WA 99302
- 8. <u>Modern Living Services</u> provides housing, life skill and educational resources to developmentally disabled individuals in Benton and Franklin Counties. Phone: (509) 491-1338 and Email: info@modernlivingservices.org
- 9. Responding to Autism Center, Social Readiness for the Workplace, 3180 W Clearwater Ave, Kennewick, WA 99336, (509) 396-9230
- 10. <u>Dial A Ride</u>, Door-to-door transportation assistance. 1000 Columbia Park Trail, Richland, WA 99352, Phone: (509) 735-0160
- 11. <u>Ambitions</u> provide residential group homes to girls and boys with developmental disabilities and significant behavioral challenges, typically for ages 10-18. E-mail: Kennewickjobs@wa.ambitions.org 402 N. Neel St., Kennewick, WA 99336, (509) 735-1964, Fax: (509) 735-2905
- 12. <u>Tri-Cities Residential Services</u> is a person-centered organization that teaches essential life skills and provides support to adult individuals with disabilities. Email: hr@tcrs1978.com, 509-783-3331 & FAX: 509-783-3091 741 S. Dayton Street, Suite A., Kennewick, WA 99336

13. DSHS-Division of Vocational Rehabilitation (DVR)

Dept of DSHS that provides individualized employment services and counseling to people with disabilities/provides technical assistance and training to employers about the employment of people with disabilities, (360) 725-3636 or toll free 1-800-637-5627, 4565 Avenue SE, Lacey, WA 98503 Mailing address: PO Box 45340, Olympia WA 98504-5340

14. <u>Columbia Industries</u> provides on-site locational training, community based activities and job placement. Phone: (509) 582-4142

- 900 South Dayton, P.O. Box 7346, Kennewick, WA 99336
- 15. <u>Goodwill Industries</u> provides facility based vocational training/contracted with DVR and DDD for job placement and coaching/also serve high school, taking referrals from the local high schools.

 815 N. Kellogg St. Suite A, Kennewick, WA, Phone: (509) 735-7238
- 16. <u>Adult Day Services of the Tri-Cities</u>, Day healthcare program designed to serve adults with social, health, cognitive, physical and emotional needs. (509) 586-5731 Fax: (509) 586-5732 Address: 10 North Washington Street, Kennewick, WA 99336-3859
- 17. <u>Columbia Basin College, Disabilities Office</u>
 CBC's Resource Center provides testing and classroom accommodations to students attending any CBC program who qualify due to a disability. 2600 N. 20th Ave., Pasco, WA 99301 Pat Campbell (509) 544-4904 Email:

pcampbell@columbiabasin.edu

- 18. Collegiate Consulting, Melissa Filowski, Professional counseling and consulting for college bound students and their families. SWL Building Pasco WA. 99301. Phone: (509) 542-4535
- 19. <u>Special Olympics of WA</u>, The Arc of Tri-Cities, 1455 SE Fowler St, Richland, WA 99352, (509) 783-1131, Fax: (509) 735-7706 Most sports for ages 8 and up, sports to pick from for each season!
- 20. <u>Voyager Initiative at The Arc Of Tri-Cities.</u> Social Skills Classes Address: 1455 SE Fowler St, Richland, WA 99352, (509) 783-1131, Fax: (509) 735-7706
- 21. <u>Spectrum Studios</u>, a non-profit with a mission to provide employment, on-the-job training, and growth opportunities to young adults on the autism spectrum. 830 N. Columbia Center Blvd. Suite B2 Kennewick, WA 99336, <u>509-579-4278</u>

Where can I get Support and Learn about Autism?

Sign up to receive Monthly E-Alerts at www.arcoftricities.com and follow Parent to Parent, The Arc of Tricities on Facebook for upcoming events.

Looking for parent workshops, support and to connect with other families? Join our meetings, trainings and groups. Join our closed Facebook group, Better Together of The Arc of Tri-Cities! Links to groups and meetings: https://www.arcoftricities.com/parent-services/resource-help-meetings

Office hours for in-person appointments for support and resource navigation: Meet with Melissa Brooks, RN, Parent to Parent Coordinator, By Appointment only. Call or e-mail to schedule, p2p@arcoftricities.com or (509) 783-1131, ext. 108. Zoom and phone appointments also available upon request.

Do you need help knowing what to do after receiving an Autism diagnosis? Join New Autism Diagnosis Zoom meetings with Melissa Brooks, RN, Parent to Parent Coordinator. Spanish support is also available. In-person is also available.

For recommended webinars and guidebooks to learn about autism, safety and how to help your child. Go to our list of "Autism Resources."

Resource Information including our Local Resource Directory, Autism Education, Behavior Support, Guardianship, Special Needs Trusts and much more, go to the <u>Resources Section</u> of our website at <u>www.arcoftricities.com</u>.

Spanish speaking families, join Closed Facebook group, Unidos Mejor! Spanish speaking monthly support family activities available and help with information and support, call Martha for details, (509) 531-5388.

^{*}Parent to Parent has a partnership with the Pasco, Kennewick & Richland School Districts to keep parents informed of services, events, support and navigating the system of support for developmental disabilities.

^{*}Please note that The Arc of Tri-Cities is not endorsing nor recommending any one service. This is for informational purposes only. Please let us know of any missing or incorrect information. Contact Melissa Brooks, RN at (509) 783-1131, ext. 108 or p2p@arcoftricities.com.