

March 2021

Specialized Habilitation

Specialized Habilitation includes individualized and community-based supports that help waiver participants reach their habilitative goals. It also promotes inclusion in DDA clients' home and community as documented in their person-centered service plan. Specialized Habilitation offers training in the following areas:

- Self-empowerment
- Safety awareness and self-advocacy
- Interpersonal and effective communication
- Coping strategies regarding typical life challenges
- Managing daily tasks and acquiring adaptive skills



Specialized Habilitation is limited to a waiver participant's annual budget. For individuals on the Basic Plus and CORE waivers (non-residential) the limit is \$4,000 of their total funds. Individuals on the CIIBS waiver are limited to their CIIBS package. Clients on the IFS waiver are limited to their annual allocation amount. Specialized Habilitation services are not included in client benefits available through Early and Periodic Screening Diagnostic and Treatment, Medicaid State Plan benefits, or other community resources.

Specialized Habilitation services not provided as a stabilization service require prior approval by the DDA regional administrator or designee.

Specialized Habilitation may not be authorized when habilitation supports are received through Residential Habilitation.

The Department of Social and Health Services assists more than 32,000 clients through the Developmental Disabilities Administration. As part of our mission to transform lives, we need people to serve as Specialized Habilitation providers. <u>www.dshs.wa.gov</u>

Contact: Leila Graves, Case Management Services Program Manager • Leila.graves@dshs.wa.gov • 360-407-1529

Washington State Department of Social and Health Services