



*Zumba Fitness Class for People with
Unique Abilities*

Zumba Fitness?

Our Zumba Fitness Class is designed to be family friendly and safe for you. Join us as we move to current Dance, Latin, and World music.

When:

Every Tuesday from 4:30-5:15pm

Where:

Tri-City Court Club,
1350 N. Grant St.
Kennewick

Cost:

Free: Due to the generous donations by licensed instructor Delayna Skadorwa, Tri-City Court Club and The Arc of Tri-Cities. There is no cost to participants.

Why:

Work on balance, coordination, increased confidence, social skills, and keeping your body and mind healthy!

Who:

Individuals with developmental disabilities of all ages welcome. Care providers and family members are free to attend with the student.

You do not need to be a member of the Tri-City Court Club to attend.

If you have medical or personal care needs that require support you must bring a family member or care provider for your safety.

To register :

Complete the enclosed application and turn into The Arc of Tri-Cities, 1455 Fowler, Richland, WA. 99352. Online registration will be available January 1, 2017

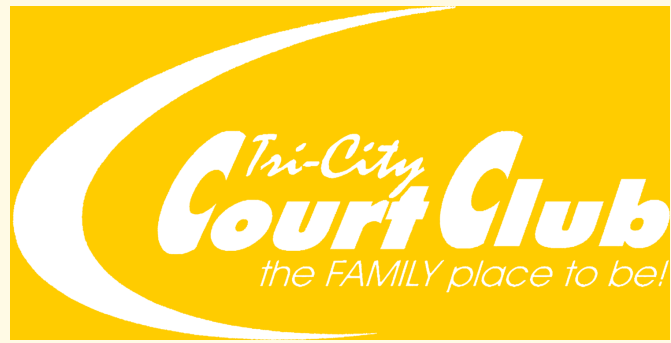




The Arc

Tri-Cities

1455 Fowler St.
Richland, WA 99352
(509) 783-1131
Fax (509) 735-7706
www.arcoftricitie.com



Age 18 and over

Minors must have an adult accompany them

Name _____

Phone # _____

Address _____

Cell # _____

City _____ State _____

Zip _____ Age _____

Date of Birth ___/___/_____

Gender Male Female

E-mail Address _____

Emergency Contact Name _____ Phone # _____

Cell Phone # _____

E-mail Address _____

Emergency Contact 2 _____ Phone # _____

INSURANCE

It is the responsibility of every individual, their parent or legal guardian to provide for his/her own accident and health coverage while participating in The Zumba Class and while on Tri-City Court Club property. Zumba does not provide any accident or health coverage for its participants and/or volunteers.

The Arc of Tri-Cities and Tri-City Court Club urges all Zumba participants to obtain a physical examination from their physician prior to attending any exercise class. In recognition of the possible dangers connected with any physical activity, participants hereby knowingly and voluntarily waive any right or cause of action of any kind whatsoever arising as the result of such activity from which any liability may or could accrue to The Arc of Tri-Cities, or Tri-City Court Club, its principals, officers, agents, employees, or instructors. Additionally the Tri-City Court Club shall not be liable for any lost or stolen goods that may have been left or taken from the facilities.

I, on behalf of myself and or as parent or legal guardian of said minor child, understand and acknowledge that I possess full knowledge of the risk(s) of physical injury that are associated with such activities that are present by participating in Zumba class and expressly agree to assume such risk(s) as well as assume and pay all medical emergency expenses that may arise due to my participation in said program or my child's participation.

"I have read and agree to the above release waiver."

Parent / guardian
Signature: _____ Relationship: _____

Signature: _____ Date: _____