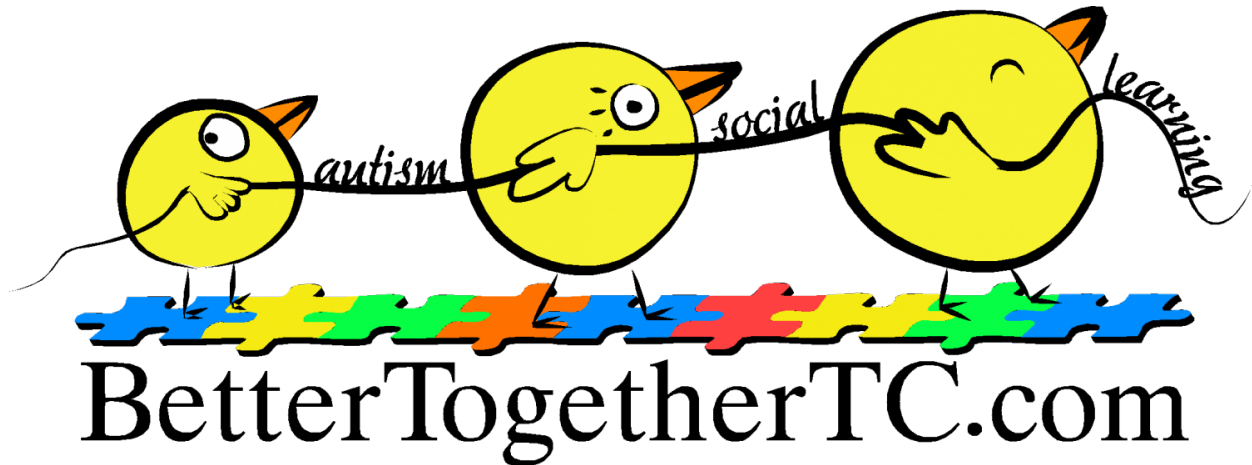


2015 Tri-Cities Resource Directory



These local resources are for individuals with intellectual/developmental disabilities, their families and professionals working with them. Click on underlined “links” to go to websites.

Better Together is a program of Parent to Parent, The Arc of Tri-Cities. Make sure to visit www.ArcofTricities.com. Contact Melissa Brooks, Parent to Parent Coordinator if you need help, information or support, at p2p@arcoftricity.com. Spanish support also available.

2015 Resources for the Tri-Cities for Intellectual/Disabilities

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Where do I go for a Diagnosis?

Go to “Step by Step” at www.BetterTogetherTC.com, if you suspect autism. Note, some say “Center of Excellence”. These accept Medicaid, can make a referral for Medicaid covered ABA therapy (Applied Behavior Analysis.) Choosing one of these may save you time in acquiring services, if your child qualifies for Medicaid.

1. CADET Comprehensive Autism Disorder Evaluation Team, 18 mths-10 years Accepts Medicaid. (Initial consultation not covered by Medicaid, call for info.) Children’s Dev. Center, 1549 Georgia Ave., Richland, WA 99352 Contact Dr. Scott Grewe at Sageview Youth Psychology at (509) 627-2600
2. Sageview Youth Psychology, Dr. Scott Grewe, Ph.D., ABPP/CN (All ages) 1950-O Keene Rd., Richland, WA 99352 Phone: (509) 627-2600, Fax: (509) 627-2060, E-mail: kelly@sageviewpsych.com
3. Children’s Village (Center of Excellence) Accepting patients from outside area for ‘one-time’ diagnostic visits and ABA referrals, Medicaid only. (509) 574-3200, Toll Free: 1-800-745-1077, 3801 Kern Rd., Yakima, WA 98902
4. UW Autism Center Seattle (Center of Excellence) Phone: (206) 221-6806 1701 Columbia Road, Seattle, WA 98195-7920, Fax: (206) 598-7815
5. UW Autism Center Tacoma (Center of Excellence) Phone: (253) 692-4721 1900 Commerce Street, Tacoma, WA 98402, Fax: (253) 692-4718
6. Seattle Children’s Hospital (Center of Excellence) 4800 Sand Point Way NE, Seattle, WA 98105-0371 (206) 987-2000 and (206) 987-2280 (TTY) (206) 987-2226 (Directions) (866) 987-2000 (Toll free) and (866) 583-1527 (non English speaking) Fax: (206) 987-3824 and Email: autismresource@seattlechildrens.org
7. Providence Sacred Heart Children’s Hospital (Center of Excellence) 101 W. 8th Ave. Suite 4200E, Spokane, WA 99204, Contact, Holly Troup Phone: (509) 474-2730 and Email: holly.troup@providence.org
8. ICARD, PLLC (Center of Excellence) All ages. Phone: (509) 838-3932 Liz Pechous, Ph.D. & Marie Pechous, M.A., CCC-SLP, lizpec@comcast.net 701 W 7th Avenue, Ste., Spokane, Washington 99204, Fax: (509) 838-1163

9. Mary Bridge Children's Health Center (Center of Excellence) 3-13 years
Contact: Betsie Walter, RN, Email: elizabeth.walter@multicare.org
1220 Division, Tacoma, WA 98415, (253) 403-4437, opt 2, Fax: (253) 403-1235

10. Blue Mountain Neuropsychology, Dr. Jameson Lontz (Center of Excellence)
319 W. Hastings Rd., Suite A105, Spokane, WA 99218
Phone: (509) 939-0719, Fax: (509) 443-3764, Email: bmnaaw@yahoo.com

11. Greenleaf Psychology and Counseling (Center of Excellence)
Accepts many insurances also. 3157 E 17th Ave., Spokane, WA 99223
Dr. Gregory Charboneau (509) 838-8066, greenleaf.psychology@gmail.com

12. University of Washington Child Development Clinic (Center of Excellence) at
the same location as the UW Autism Center, takes most insurances, Medicaid.
Gretchen Glass, gag@uw.edu For appointments call 206-598-9346.

Where do I get help for my child?

Click on "Step by Step" on www.BetterTogetherTC.com for step by step support. If you have concerns about your child's development, seek help from your child's doctor and the following services.

***Note some are Birth-3, one is Birth-5 yrs, one is a preschool and then all school districts are 3-21 yrs old, starting with developmental preschool for children with delays. They will do an assessment to see if your child qualifies for special services, just call and ask, these services are free!**

1. Benton/Franklin Infant/Toddlers Program (Birth-3) Help families access the services they need. Becky Seaman- Family Resource Coordinator, (509) 783-1131, ext.128, beckys@arcoftricity.com, Fax: (509) 735-7706, The Arc of Tri-Cities, 1455 Fowler St., Richland, WA 99352

2. Children's Developmental Center (Birth-3) Early intervention services through natural environment and a structured classroom.
1549 Georgia Ave., Richland, WA 99352, (509) 735-1062

3. Keewaydin Discovery Center (KSD) Special services for ages 0-5.
Phone: (509) 222-5028, 125 S. Conway Place, Kennewick, WA 99336

4. Head Start & Early Head Start, preschool program provides activities for young children and an opportunity for parents to become involved.
1549 Georgia Ave., Richland, WA 99352, (509) 735-1062

5. Kennewick School District, (509) 222-5000
1000 W. Fourth Ave., Kennewick, WA 99336

6. Richland School District, (509) 967-6050
615 Snow Avenue, Richland, WA 99352

7. Pasco School District, (509) 543-6703
1215 West Lewis, Pasco, WA 99301

8. Finley School District, (509) 586-3217
224606 E. Game Rd., Kennewick, WA 99337

9. Kiona Benton, (509) 588-3717
1107 Grace Avenue, Benton City, WA 99320-9704

Homeschooling:

1. Homeschool 3-Cities website provides information about homeschooling in the state of WA, homeschooling children w/ autism, and local resources.

2. Washington Homeschool Organization provides all of the info you need to know about how to homeschool, legally, in WA state.

3. Mid Columbia Partnership (MCP) (509) 222-5036
Alternative program that supports homeschooling through the Kennewick School District. 201 S. Garfield St., Kennewick, WA 99336

4. Three Rivers Homelink (509) 943-7340, a collaborative learning community where students, parents and staff team together. Skillbuilding Lab for reading and/or math. 517 Jadwin Ave., Richland, WA 99352

5. Sylvan (tutoring, not just for homeschoolers and not free)
89 Keene Rd., Richland, WA 99352, New Students: (800) EDUCATE
Current Students: (509) 736-1509 Fax: (509) 736-1302

What therapies and interventions are available locally and how do I decide which therapy my child needs?

Go to www.BetterTogetherTC.com's Step by Step Guide. Go to the calendar on this website for classes, trainings and webinars.

ABA (Applied Behavior Analysis, Behavioral Therapy):

1. Child Enrichment Center LLC (858) 524-6399, Fax: 858-521-8371
Intensive behavioral therapy Accepts insurance and Medicaid. 1950 Keene Rd, Building L, Richland, WA 99352 childrenrichmentcenter@gmail.com,
2. Billie Jo Davis Ph.D., BCBA (208) 699-2595, billiejo@drbilliejo.com
Needs group of families to travel to Tri-Cities, Medicaid for counseling services only. 708 Argonne Ave., Spokane Valley, WA 99212
3. Imagine Behavior: Provides: Kids Behavioral Therapy/Consultation, Early Intervention Services, Adult Behavioral Therapy/Consultation, Family Education and Professional Development. Accept insurances and Medicaid, 1-888-355-7155, services@imaginebehavior.com
4. Northwest Autism Center, Contact Jill Ide at (509) 328-1582
Early intensive ABA day treatment clinic for children ages 2-5 years old. Accepts Medicaid, 25 W 5th Ave., Spokane, WA 99204

Help with Challenging Behaviors:

1. Functional Behavior Solutions, LLC (509) 540-7573, provides behavioral support, functional behavior assessments & ABA therapy in the Tri-Cities. 1644 Plaza Way PMB 217, Walla Walla, WA 99362
Kathleen Gilmore, BCBA, functionalbehaviorsolutions@live.com
2. Responding to Autism Services, Inc. info@respondingtoautism.net
Behavioral management of kids with ASD, FBA and BIP trained. 4206 W 24th Ave Suite 101, Kennewick, WA 99336 (509) 591-1205

3. Angela's Behavioral Consulting Psychological Services, Offers therapy and consulting services for the general public, specializing in spectrum. Also trainer for Proloquo2Go. angelaaharmon@gmail.com

4. Imagine Behavior: Provides: Kids Behavioral Therapy/Consultation | Early Intervention Services | Adult Behavioral Therapy/Consultation | Family Education | Professional Development. Accept many insurances, including Medicaid, 1-888-355-7155, services@imaginebehavior.com

5. Campbell and Assoc. Serving people that struggle to learn and their families. Will travel to Tri Cities. Norma Jean Campbell normajeancampbell.com, (425) 802-8662
P.O. Box 781, Kirkland, WA 98983

Neurotherapy:

1. Openmind Counseling and Neurotherapy, Joe Streetman, PhD, PhD in Psychology and a Licensed Mental Health Counselor
(509) 946-6444, 1045 Jadwin Ave, Ste C, Richland 99352.

2. Northwest NeuroPro, LLC: QEEG Brain Mapping and Neurofeedback Services for: Anxiety, Depression, Anger, Attention and Focus, Sleep, Concussions/TBIs, ASD, Addictions, Performance Optimization. Located in Seattle, but willing to travel to the Tri-Cities for a group of families.
Rogene M. Eichler West, Ph.D., Board Certified Neurofeedback Clinician (BCIA), Doctorate in Neuroscience 1-844-224-7159

Biofeedback:

1. Biofeedback Plus, Gayla Erickson, organicstore@hotmail.com
311 W. Kennewick Avenue, Kennewick, WA 99338, (509) 586-6574

Biomedical/Homeopathic:

1. Northwest Healthcare & Wellness Center, Stephen Smith M.D
Specializing in Autism and Allergies. (509)943-2101
1901 George Washington Way, Suite E, Richland, WA 99352

2. Integrative Family Medicine, Judith Caporiccio, ND (509) 736-6311
1601 Columbia Park Trl, Suite 103, Richland, WA 99352

3. Blue Heron Naturopathic Care, Dr. Virginia Frazier
(509) 586-9691, 315 W. 1st Avenue, Kennewick, WA 99336

4. Dr Lindsey Bell, Naturopath with an office in Richland (713-9855) & in
Pasco (943-2101), 1200 N 14th Ave #245, Pasco, WA 9930

Relationship Development Intervention:

1. Responding to Autism Services, Inc. info@respondingtoautism.net
RDI is a developmental intervention addressing core deficits of autism.
4206 W 24th Ave Suite 101, Kennewick, WA 99336 (509) 591-1205

Floortime/DIR (Developmental Individual-difference Relationship-based model):

1. Gene Christian, M.S., Counseling, genechristian@riverpointtherapy.com
707 W. 7th Ave., Suite 220, Spokane, WA 99204 (509) 443-9930

2. Lisa Christian, Ph. D., Mental Health, lisa@lisachristianphd.com
(509) 443-9930, 501 N. River Point, Suite 235, Spokane, WA 99202

Social Skills Classes:

1. Responding to Autism Center (509) 396-9230
Social Skill Classes for ages 2 – 17, Sliding fee scale available.
Fax: (509) 931-0881, info@respondingtoautism.net
4206 W. 24th Ave., Suite 101, Kennewick, WA 99338

2. Child Enrichment Center LLC (Accepting insurances and Medicaid)
Provides intensive behavioral therapy to children. (858) 524-6399
1950 Keene Rd, Building L, Richland, WA 99352
childrenrichmentcenter@gmail.com, Fax: 858-521-8371

Hippotherapy:

1. Strides Therapeutic Horsemanship Center, Jill McCary, Lead Instructor (509)492-8000, stridesthc@yahoo.com Limited scholarships available. 1540 Olympia Dr., Mesa, WA 99343
2. TROT-Therapeutic Riding, provides physical, psychological and social well-being of persons with disabilities through interaction w/ therapeutic team of a horse or dog, an instructor and/or a therapist, and volunteers. 6208 W. Argent, Pasco, WA 99301, 509-430-2215, info@trot3cities.org

Massage Therapy:

1. Escape Spa, Aurora Morgan, LMP, auroramorganlmp@gmail.com
For children/adults with autism. (509) 783-7111
1950 Keene Rd. BLDG Q, Richland, WA 99352

Speech Therapy:

1. Sun River Speech Therapy, LLC, katieo@sunriverspeechtherapy.com
309 Bradley Blvd., Ste 212, Richland, WA 99352, (509) 521-4034
2. Speech Pathology Learning Center, LLC (Hablas Espanol)
Denise Ciarlo, CCC/SLP, MA (509) 735-6442
8514 Gage Blvd., Kennewick, WA 99336
3. Children's Developmental Center (509) 735-1062 (Hablas Espanol)
Speech/Occupational Therapy, all ages, 1549 Georgia Ave., Richland WA
4. Kadlec, Kadlec Healthplex, 1268 Lee Blvd. Richland, WA 99352
Phone: (509) 942-2660
5. Trios Health, Speech Therapy (509) 509-221-3450
241 W. 8th Ave., Kennewick, WA 99336
6. Lourdes Medical Center (509) 546-2306
520 N. 4th Ave., Pasco, WA 99301

Occupational/Physical Therapy:

1. KidSPOT (509)572-2299, 4206 W. 24th Ave, B104, Kennewick, WA
Help children with autism, sensory integration dysfunction, sensory processing disorder and other developmental issues. info@mykidspot.net
2. CAN Do Kids, LLC (509) 521-7983, campcankids@gmail.com
Specializing in a Sensory Integrative approach with over 25 year experience. 1730 Hoxie Ave., Richland, WA 99354
3. Kadlec Healthplex (509) 942-2660, 1268 Lee Blvd., Richland, WA 99352
4. Children's Developmental Center (509) 735-1062, 1549 Georgia Ave., Richland WA
5. Lourdes Physical Medicine Center (509) 546-2306
9915 Sandifur Parkway, Pasco, WA 99301
6. Trios Health, Physical Therapy (509) 221-3450
241 W. 8th Ave., Kennewick, WA 99336

Counseling and Crisis Help:

1. Catholic Family and Child Service (Assists with Crisis Intervention)
Counseling services help children and adults cope with problems that may affect their relationships and performance at work, home, and school.
2139 Van Giesen Street, Richland, WA 99352
Linda Robb, Phone: (509) 943-2590 and E-mail: lrobb@cfcstricities.org
2. Lutheran Community Services NW (Assists with Crisis Intervention)
3321 W. Kennewick Ave, Suite 150, Kennewick WA 99336
Phone: (509) 735-6446 and Fax: (509) 735-6449, Toll-free: 1-800-678-4876
3. Lourdes Counseling Center (Assists with Crisis Intervention)
Counseling services available for adults, adolescents, and children.
Alternative languages available: Fijian, Hindi, Mien, Punjabi, Spanish and Urdu
1175 Carondelet Drive, Richland, WA 99354
Phone: (509) 943-9104 and Fax: (509) 943-7206

4. Sageview Youth Psychology, kelly@sageviewpsych.com (509) 627-2600
1950-O Keene Rd. Richland, WA 99352, Fax: (509) 627-2060

5. Tri-Cities Community Health, Nueva Esperanza Counseling Center
(509) 545-6506, 720 W. Court Street, Suite 8, Pasco, WA 99301-4178
Alternative languages available: Spanish and Taishanese

6. Greater Columbia RSN
101 N. Edison Street, Kennewick, WA 99336-1958
Toll Free: 1-800-795-9296 and Ombuds Services: 1-800-257-0660
24-Hour Crisis Line for Benton-Franklin: 800-783-0544

7. Melinda Johnson, LICSW, ACSW, Child Mental Health Specialist
750 George Washington Way Ste #7, Richland, WA 99352
(509) 946-1309 & Fax: (509) 946-8519, mjsocialworker@aol.com

How do I get help paying for the services that my child needs?

Contact Washington Autism Alliance and Advocacy to assist you with getting therapies like ABA, OT and ST funded by private insurance and Medicaid. “Join” on their website, for free, for assistance. WAAA: Provides pro bono guidance, counseling, coordination, training, resources, and legal support to families and professionals, to help them attain effective autism treatment and socially significant rehabilitative programs statewide.

***Tips: Benton PUB offers discounts to families with a person with disabilities, based on a sliding fee scale. If you are receiving services at a hospital, ask to see if you qualify for financial assistance. See the bottom of this section for help with funding iPads, biomedical, and more, go to www.BetterTogetherTC.com for on-line links.**

Go to the “Step by Step” tab on www.BetterTogetherTC.com, and click on “Long Term Support”, for more specific, step by step help with DDA and SSI.

Government Assistance:

1. Community Action Council Committee assists in finding housing for adults or families and assistance paying utilities.
720 West Court, Pasco, WA 99301 and Phone: (509) 545-4065
2. DSHS-Division of Children and Family Services assists families in crisis.
1661 Fowler, Richland, WA 99352 and Phone: (509) 737-2800
3. Housing Authority assists families w/ public housing & rental assistance.
Kennewick: Phone: (509) 586-8576, 1915 West 4th Place, Kennewick
Pasco: Phone: (509) 547-3581, 820 North 1st Avenue, Pasco, WA 99301
Richland: 650 George Washington Way, Richland, WA 99352
4. Community Services Office (DSHS) assists in getting medical coupon, daycare, unemployment, food stamps-financial based services.
1020 North Edison, Kennewick, WA 99336 and Phone: (509) 735-7119
5. DSHS-Developmental Disabilities Administration, (See Long Term Support under Step By Step, on www.BetterTogetherTC.com)
DDA has a number of programs that individuals with a developmental disability can be eligible for, from birth through adult. (509) 374-2111
500 North Morain, Suite 2210, Kennewick, WA 99336
6. Social Security Administration, go to Long Term Support under Step by Step, on www.BetterTogetherTC.com, for information. You can apply on-line. (or click here for over 18) If someone is eligible for SSI, then they automatically get state health insurance. 1-800-772-1213, 8131 W Klamath Ct., SUITE A, Kennewick, WA 99336
7. Benton Franklin Crisis Response Unit provides acute and emergent mental health intervention services. Services include crisis intervention,

information and referral, grief counseling, education, emergency assistance with psychiatric medications, and consultation.

2635 W. Deschutes, Kennewick, WA 99336 and Phone: (509) 783-0500

8. District Health Departments

Kennewick: Phone: (509) 460 4200

7102 W Okanogan Pl., Kennewick, WA 99336

Pasco: Phone: (509) 547-9737, 412 W Clark, Pasco WA 99301

Richland: Phone: (509) 943-2614

Prosser: Phone: (509) 786-1633, 310 7th Ave. E., Prosser WA 99350

On-line resources for Grants/Scholarships/Donation programs (Go to www.BetterTogetherTC.com to click on links):

Autism Grants (pdf)

Autism Speaks Family Grants

FEAT, Ben's Fund, up-to \$1,000.00 per child

How to Get an iPad Funded and Funding Sources Directory for iPads and other Mobile Devices

Scholarships for Biomedical Treatments

Washington Access Fund – Low Interest (5%) Loans for Assistive Technology & Home & Vehicle Accessibility Modifications, and more.

Where can I learn about Autism and about the Issues that my child and family are facing?

Go to www.BetterTogetherTC.com, to the “Step by Step” Guide. Also find websites, webinars and more, under “Recommendations.”

1. The Arc of Tri-Cities, Parent to Parent provides emotional support, information and workshops to families of children with special needs. Connect with a parent mentor! 1455 Fowler St., Richland, WA 99352
Parent to Parent Coordinator, Melissa Brooks, RN
Phone: (509) 783-1131, Ext. 108 and E-mail: p2p@arcoftricity.com
For Spanish support, contact Maria Ramos, Hispanic Outreach Coordinator
Phone: Phone 783-1131 ext 108 and E-mail: mariar@arcoftricity.com

2. Autism Teleconferences, Autism 200 Series classes for parents and caregivers of children with autism, by faculty from Seattle Children's, UW and community providers. Autism 101 classes also available.

Trios Health, Family Health Center, 203 W. 8th Ave, Kennewick, WA 99336
Free, Registration (please call to RSVP): (509) 528-8804. The 200 series each have a different topic, 3rd Thur or every month, from 7-8:30pm. View past lectures, e-mail Melissa for powerpoint of past classes.

3. Autism Outreach Project, The NWESD/Special Programs and Services Department maintains a statewide lending library and project website.
1-888-704-9633 or autism@nwesd.org

4. Kadlec Neurological Resource Center in Kadlec Healthplex
Provides education, information, referrals, and emotional support for people with neurological disorders, their families, caregivers, and the community. They do an annual AUTISM CONFERENCE every summer, check the website. (Family scholarships for the autism conference are available)
There is also a great Lending Library, on site. Phone: (509) 943-8455
1268 Lee Blvd., Richland, WA 99352, E-mail: KNRC@kadlecmed.org

5. Responding to Autism Center provides an online resource directory, lending library, workshops and free appointments with our Family Resource Coordinator, 4024 W. 24th Ave Suite B101, Kennewick, WA 99338
Phone: (509) 396-9230 and E-mail: info@respondingtoautism.net

6. Washington Autism Advocacy, Mission is to dramatically improve access to autism insurance benefits and effective services in schools and communities regardless of personal financial background. On line, state wide resource directory. P.O. Box 891, Kirkland, WA 98083
Phone: (425) 894-723, E-mail: info@WashingtonAutismAdvocacy.org

7. P.A.V.E. (Partnerships for Action, Voices for Empowerment)
Help you understand the educational system. Provide support when you learn that your child has a disability or chronic health care need. Contact Sherry for monthly meetings (in the Tri-Cities) for help with IEP's and more. Yearly, free trainings in the Tri-Cities, usually in Oct.
Contact Sherry Mashburn, sherrymash11@hotmail.com, Phone: (877) 821-4113 or (509) 837-8909 105 S. 6th St., Sunnyside, Wa 9894

Where can I find support and how do I learn to advocate for what my child needs?

Join our Facebook page to connect with other families and watch for AOS parent coffee chats and other events on our website's calendar, where we can connect. Also check out the Recommendations page.

1. The Arc of Tri-Cities, Parent to Parent provides emotional support, information and workshops to families of children with special needs. Connect with a parent mentor! 1455 Fowler St., Richland, WA 99352
Parent to Parent Coordinator, Melissa Brooks, RN
Phone: (509) 783-1131, Ext. 108 and E-mail: p2p@arcoftricity.com
For Spanish support, contact Maria Ramos, Hispanic Outreach Coordinator
Phone: Phone 783-1131 ext 108 and E-mail: mariar@arcoftricity.com
2. The Arc of Tri-Cities provides advocacy and support for people with developmental disabilities and their families
1455 Fowler St., Richland, WA 99352, (509) 783-1131
3. Washington Autism Alliance and Advocacy
Mission is to dramatically improve access to autism insurance benefits and effective services in schools and communities regardless of personal financial background. P.O. Box 891, Kirkland, WA 98083
Phone: (425) 894-7231 & E-mail: info@WashingtonAutismAdvocacy.org
4. Responding to Autism Center offers a monthly parent support group held on the 2nd Tuesday of each month 6:30-8:00pm. Childcare available upon request. Place: 4206 W. 24th Ave Suite 101, Kennewick, WA 99338
Contact: Christine Lindgren M.Ed., Phone: (509) 396-9230
E-mail: info@respondingtoautism.net
5. P.A.V.E. (Partnerships for Action, Voices for Empowerment)
Help understanding the educational system. Monthly meetings and yearly training (in the Tri-Cities) for help with IEP's.
Contact: Sherry Mashburn, Email: sherrymash11@hotmail.com
105 S. 6th St., Sunnyside, Wa 98944, (877) 821-4113 or (509) 837-8909

6. Benton Franklin Parent Coalition is designed to provide information and resources to families who have sons/daughters with developmental disabilities. Join the e-mail list about all advocacy issues and much more! And join on Facebook! Sharon Adolphsen, Coordinator
P.O. Box 4575, West Richland, WA 99353
Phone & Fax: (509) 967-3974 and E-mail: keithnsharon@frontier.com

7. Autism Society of Washington, provides advocacy, public awareness, education & research related to autism. info@autismsocietyofwa.org
1101 Eastside Street, Suite B, Olympia, WA 98501, (888) 279-4968

8. Three Rivers Wraparound, coordinates care and supportive services for at-risk youth in Benton and Franklin Counties. Must have more than one diagnosis, to qualify. Phone: (509) 783-2085, Fax: (509) 783-2089
3321 W Kennewick Ave., Suite 150, Kennewick, WA 99336

What is there for my child to do? How can they be involved in the community?

Check the calendar often on www.BetterTogetherTC.com for events.

1. The Arc of Tri-Cities, Partners and Pals and PNP Jr. Inclusive Program ages 2-21, 8 week summer program.
1455 Fowler St., Richland, WA 99352, Phone: (509) 783-1131

2. Exploring Art at The Arc, for adults and young adults with special needs. We will explore art styles and use them as our inspiration to create our very own works of art. Caregivers are encouraged to say if support is needed. All abilities are welcome because Art is for everyone!. Held at The Arc of Tri-Cities, (509) 783-1131.

3. Special Olympics of WA, Phone: (509) 736-3120
8911 W. Grandridge, Suite P, Kennewick, WA 99336

4. Academy of Children's Theater, Julie Schroeder, Education Coordinator
Spectrum On Stage teaches tools for theatre while strengthening social,
behavioral, and emotional skills.

213 Wellsian Way, Richland, (509) 943-6027, julie.act_edu@hotmail.com

5. Buddy Club is a peer mentoring and friendship club open to all through
The Arc of Tri-Cities. Also have Buddy Prom!

Sue Pederson- Program Coordinator (509) 783-1131 and E-mail:
buddyclub@arcoftricity.com

6. Zumba Fitness Class for Special Needs, free. Meets at Tri-City Court
Club on Tuesdays at 4:30pm. Call Delayna Skadorwa at 628-0856 or e-
mail her at delayna.skadorwa@gmail.com.

7. Fishing Day by The Arc of Tri-Cities, (509) 783-1131 (In May)
For people with all intellectual/developmental disabilities at Columbia Park.

8. Soccer, Phone: (509) 366-2536

Tri-Cities TOPSoccer provides a program that enables children with
physical or developmental disabilities to play soccer, open to any boy or girl
over 4 years of age. Darla Brannan, TriCitiesTOPSoccer@yahoo.com

9. Responding to Autism Center: Family Social Activities: Family Game
Night, Family Movie Night, Autism Adventure Days, and more!

4206 W. 24th Ave., Suite B101, Kennewick, WA 99338

Phone: (509) 396-9230 and Fax: (509) 931-0881

10. Rascal Rodeo, Exceptional Rodeo, info@rascalrodeo.org

Fun rodeo events for people with mental/physical disabilities of all ages.

Held throughout the year, FREE! Join them on Facebook!

(509) 528-5947, PO BOX 5791, Pasco, WA 99302

11. Unified Sports, Contact The Arc of Tri-Cities 509-783-1131

12. Garland Gymnastics, Call (509) 582-7450 for open gym times, Tumble
bus for lessons taught on the bus to preschool age-1st grade students.

8710 W Victoria Ave, Kennewick, WA 99336

13. Court Club is a family friendly health club providing accommodations for special needs, programs for children, physical therapy and massage. (509) 783-5465, 1350 North Grant Street, Kennewick, WA 99336
14. Mid Columbia Gymnastics, 1523-C Fowler St., Richland, WA 99353
Call (509) 967-0708 for open gym times and party information.
15. Outdoors for ALL Foundation, Phone: (206) 838-6030
Summer programs for kids and adults with disabilities.
2 Nickerson St., Suite 101, Seattle, WA 98109
16. Strides Therapeutic Horsemanship Center, Jill McCary, Lead Instructor, Limited scholarships available. (509)492-8000, stridesthc@yahoo.com
1540 Olympia Dr, Mesa, WA 99343
17. TROT-Therapeutic Riding in Tri-Cities promotes the physical, psychological and social well-being of persons with disabilities through their interaction with a therapeutic team consisting of a horse, dog, an instructor and/or a therapist, and volunteers. Limited openings
18. StarFish Swim School at Tri-City Court Club offers classes for all children, including children with intellectual or developmental disabilities. 1350 N. Grant Street, Kennewick, WA 99336, Phone: (509) 783-5465
19. Autism in Aquatics, swimming classes for children with autism. Kennewick Parks & Recs, summer classes. Parents must be in swim wear, in water with child, instruction given to both parent and child. Limited to 5 children with their parent/caregiver. Class is conducted in 'training tank', which is shallow water. Contact Hannah Moon, 585-4293.
20. Swim lessons at Columbia Basin Racquet Club, 1776 Terminal Drive Richland, WA, (509) 943-8416, group and private lessons available.
21. Boy Scouts, provides an educational program for boys to build character, train in the responsibilities of citizenship, and to develop personal fitness. (509) 735-7306, 8478 W. Gage Blvd., Kennewick, WA 99336

Where do I take child with special needs to the dentist, get hair cuts, or find foods for the special diets?

Dentists:

1. Columbia Basin Pediatric Dentistry, Phone: (509) 783-1960
7501 W. Deschutes. Place, Kennewick, Wa. 99336
Orchard Hills Pediatric Dentistry, Phone: (509) 375-5000
705 W. Gage Boulevard, Richland, WA 99352

2. Dentistry for Kids

Kennewick Office: Phone: (509) 585-5437, 3911 W. 27th Ave., Ste.105
Richland: Phone: (509) 946-9999, 39 Columbia Point Dr.

3. Dr. Andrew Mohlman (Parent recommended), Phone:(509) 736-2318
Address: 8511 W Clearwater Ave, Suite A, Kennewick, WA 99336

Orthodontics:

1. Signature Orthodontics, Dr. Kiersten Week, info@signatureorthowa.com
306 N Delaware St., Kennewick, WA 99336
Phone: 509-735-7591, Fax: 509-783-5815

2. Orchard Hills Pediatric Dentistry, Orthodontics

705 W. Gage Boulevard, Richland, WA 99352, Phone: (509) 375-5000

Hair Cuts:

1. Monkey Dooz Join them on Facebook!

1325 Aaron Dr. #103, Richland, WA, Phone: (509) 943-3669

2. Kidz Biz Salonz (Parent Recommended)

Locally owned kids hair salon and party place.

Join them on Facebook! Phone:(509) 735-7358

Address: 2569 N Columbia Center Blvd, Richland, WA 99352

Photography:

1. Photos by Laura, Contact her via her website and find her on Facebook!
2. Breshears Photography
3704 S. Buntin Loop, Kennewick, WA 99337, Phone: (509) 586-6695
3. Essence Photography, Customize every session for each client.
7 N. Cascade, Kennewick, WA 99336, Phone: (509) 531-0034

Special Diet Supplies/Health Foods/Supplements:

1. Highland Health Food (509) 783-7147, 101 Vista Way, Kennewick, WA
2. Richland Health Foods, (509) 943-0001
1769 George Washington Way, Richland, WA 99354
3. Revitalize Health Spa & Organic Store
Phone: (509) 586-6574, 311 Kennewick Ave., Kennewick, WA 99336
4. Super Supplements (509) 736-6390, 5200 West Clearwater, Kennewick
5. Fred Meyer: 2811 W. 10th Ave Kennewick, WA, (509) 735-8700 &
101 Wellsian Way, Richland, WA, Phone: (509) 946-2800
6. Yokes Foods
4905 Road 68, Pasco, WA, Phone: (509)546-4840 and
1410 W. 27th Ave., Kennewick, WA, Phone: (509) 585-0888
454 Keene Rd, Richland, Phone: (509) 491-3336 and
1401 Bombing Range Rd., West Richland, WA, Phone: (509) 967-8000

Hearing and Vision Clinics:

1. Hearing Healthcare Associates, 2 locations in Tri-Cities:
925 Stevens Dr, Suite 1-A, Richland, Washington, 99352, (509) 946- 9220
8102 W. Grandridge Blvd. Suite A, Kennewick, WA 99336, (509) 735-7461

2. Heaston & Thompson Vision Clinic
1321 Aaron Dr., Richland, WA 99352, Phone: (509) 943-3177

3. Pasco Vision Clinic PS, 1906 N 20th Ave., Pasco, WA 99301
Phone: (509) 547-8409 and Fax: (509) 547-3751

Genetic Counseling:

1. Kadlec Medical Center Genetic Counseling, Kerry Lorenzo, MS, CGC
kerry.Lorenzo@kadlecmed.org, (509) 942-3297
945 Goethals Drive, Suite 210, Richland, WA 99352

Chiropractors:

1. Tollison Chiropractic Center, Phone: (509) 783-4805
310 N Neel St., Kennewick, WA 99336

2. Justice Family Chiropractic, info@JusticeFamilyChiropractic.com
Chiropractic, massage, nutritional counseling and more! (509) 222-1132
7117 West Hood Place, Suite 130, Kennewick, WA 99336

NAET and Thought Line Therapy:

1. Riverwalk Wellness Center, Eric Thompson
404 Bradley, Suite 301, Richland, WA 99352, Phone: (509) 946-3742

What is available for Adults w/ Disabilities?

1. The Arc of Tri-Cities, Phone: (509) 783-1131, Fax: (509) 735-7706
Advocacy and support for people with developmental disabilities and their families re: birth to three services, special education, employment, residential supports, health care, transportation, respite and inclusion.
Adult Recreation/Transportation/Vocational Support/Trips/VIP Program/
Community Access, Government Affairs/People First Group meets monthly/
Advocacy committee meets monthly/Legislative Issues
1455 Fowler St., Richland, WA 99352

2. The Arc of Tri-Cities-Adult Respite, VIP Club, Advocacy and support for people with developmental disabilities and their families. Program Manager- Megan Fort, Phone: (509) 783-1131 ext. 129 and Email: meganf@arcoftricity.com, 1455 Fowler St., Richland, WA 99352

3. The Arc of Tri-Cities-VIP Club, adults with developmental disabilities learn social skills through interaction with friends, recreational and educational activities, and new experiences in the community. See calendar for activities.

Program Manager- Megan Fort, 1455 Fowler St., Richland, WA 99352
Phone: (509) 783-1131 ext. 129 and Email: meganf@arcoftricity.com

4. Exploring Art at The Arc, for adults and young adults with special needs. We will explore art styles and use them as our inspiration to create our very own works of art. Caregivers are encouraged to say if support is needed. All abilities are welcome because Art is for everyone!. Held at The Arc of Tri-Cities, (509) 783-1131.

5. Zumba Fitness Class for Special Needs, free. Meets at Tri-City Court Club on Tuesdays at 4:30pm. Call Delayna Skadorwa at 628-0856 or e-mail her at delayna.skadorwa@gmail.com.

6. Fishing Day by The Arc of Tri-Cities, (509) 783-1131 (In May)
For people with all intellectual/developmental disabilities at Columbia Park.

7. Rascal Rodeo, Exceptional Rodeo, info@rascalrodeo.org
Fun rodeo events for people with mental/physical disabilities of all ages. Held throughout the year, FREE! Join them on Facebook!
(509) 528-5947, PO BOX 5791, Pasco, WA 99302

8. Three Rivers Autism Outreach
Social inclusion for individuals affected by autism. Contact Bill Peters.
Phone: (509) 713-9454 and E-mail: Qkey29@gmail.com

9. Modern Living Services provides housing, life skill and educational resources to developmentally disabled individuals in Benton and Franklin Counties. Phone: (509) 947-0704 and Email: modernlivingtc@gmail.com

10. Responding to Autism Center

Social Readiness for the Workplace, 8 week workshop designed for adults with Asperger's/High Functioning Autism or in need of social guidance and Adults with Asperger's/High Functioning Autism Social Activity Group
4206 W. 24th Ave., Suite 101, Kennewick, WA 99338
Phone: (509) 396-9230 and Fax: (509) 931-0881

11. Dial A Ride, Door to door transportation assistance.

1000 Columbia Park Trail, Richland, WA 99352, Phone: (509) 735-0160

12. Ambitions provides residential group home to girls and boys with developmental disabilities and significant behavioral challenges, typically for ages 10-18. E-mail: l.bauman@ambitions.org
402 N. Neel St., Kennewick, WA 99336, (509) 735-1964, Fax: (509) 735-2905

13. Tri-Cities Residential Services is a person centered organization that teaches essential life skills and provides support to adult individuals with disabilities. tladoux@tcrs1978.com, 509-783-3331 & FAX: 509-783-3091
741 S. Dayton Street, Suite A., Kennewick, WA 99336

14. DSHS-Division of Vocational Rehabilitation (DVR)

Dept of DSHS that provides individualized employment services and counseling to people with disabilities/provides technical assistance and training to employers about the employment of people with disabilities.
Phone: (360) 725-3636 or toll free 1-800-637-5627
4565 Avenue SE, Lacey, WA 98503
Mailing address is: PO Box 45340, Olympia WA 98504-5340

15. Columbia Industries provides on site locational training and community based job placement. Phone: (509) 582-4142
900 South Dayton, P.O. Box 7346, Kennewick, WA 99336

16. Goodwill Industries provides facility based vocational training/contracted with DVR and DDD for job placement and coaching/also serve high school, taking referrals from the local high schools.
815 N. Kellogg St. Suite A, Kennewick, WA, Phone: (509) 735-7238

17. Trios Health Adult Day Services of the Tri-Cities

Day healthcare program designed to serve adults with social, health, cognitive, physical and emotional needs. Phone: (509) 586-5731

10 North Washington Street, Kennewick, WA 99336-3859

Melinda French, RN, Melinda.french@trioshealth.org

18. Columbia Basin College, Disabilities Office

CBC's Resource Center provides testing and classroom accommodations to students attending any CBC program who qualify due to a disability.

2600 N. 20th Ave., Pasco, WA 99301, Peggy Buchmiller, (509) 542-4412

19. Collegiate Consulting, Melissa Filowski

Professional counseling and consulting for college bound students and their families. Expertise in helping students with special needs prepare to succeed in higher education. 1727 Albany Ct., Richland, WA 99354

Phone: (509) 392-3470 and E-mail: melissa@collegiateconsults.com

20. Special Olympics of WA, Phone: (509) 736-3120

8911 W. Grandridge, Suite P, Kennewick, WA 99336

Go to www.BetterTogetherTC.com for links for these resources:

Laptops & Internet for low-income households, SafeLink – a free cell phone & minutes program for people eligible for Medicaid and Smart 911 – a free service that allows citizens to create a Safety Profile for their household that includes any information they want 911 to have in the event of an emergency.

Spanish Resources

- Manual de los 100 Días- <http://www.autismspeaks.org/family-services/tool-kits/manual-de-los-100-d%C3%ADas>
- Autismo: Una Guía Para Abuelos - http://www.autismspeaks.org/sites/default/files/grandparents_spanish_0.pdf
- Autismo Manejo de Riesgo Y Seguridad, Planifique Como Responder A Emergencia De Una Persona Con Autismo - http://www.autismriskmanagement.com/documents/Spanish_autism_emergency.pdf

Qué es el autismo? Una Descripción

El autismo es un trastorno neurológico complejo que generalmente dura toda la vida. Es parte de un grupo de trastornos conocidos como trastornos del espectro autista (ASD por sus siglas en inglés). Actualmente se diagnostica con autismo a 1 de cada 68 individuos y a 1 de cada 42 niños varones, haciéndolo más común que los casos de cáncer, diabetes y SIDA pediátricos combinados. Se presenta en cualquier grupo racial, étnico y social, y es cuatro veces más frecuente en los niños que en las niñas. El autismo daña la capacidad de una persona para comunicarse y relacionarse con otros. También, está asociado con rutinas y comportamientos repetitivos, tales como arreglar objetos obsesivamente o seguir rutinas muy específicas. Los síntomas pueden oscilar desde leves hasta muy severos.

Los trastornos del espectro autista se pueden diagnosticar formalmente a la edad de 3 años, aunque nuevas investigaciones están retrocediendo la edad de diagnóstico a 6 meses. Normalmente son los padres quienes primero notan comportamientos poco comunes en su hijo o la incapacidad para alcanzar adecuadamente los hitos del desarrollo infantil. Algunos padres explican que su hijo parecía diferente desde su nacimiento y otros, que iba desarrollándose normalmente y luego perdía aptitudes. Puede que inicialmente los pediatras descarten las señales del autismo pensando que el niño podrá alcanzar el nivel deseado y le aconsejan a los padres que esperen y vean como se desarrolla. Nuevas investigaciones muestran que cuando los padres sospechan que hay algo mal con su hijo, generalmente están en lo correcto. Si tienes inquietudes acerca del desarrollo de tu hijo, no esperes y habla con su pediatra para que sea evaluado.

Si a tu niño lo han diagnosticado con autismo, una intervención temprana es crítica para que pueda beneficiarse al máximo de todas las terapias existentes. Aunque para los padres puede ser difícil etiquetar a un pequeño como “autista”, entre más pronto se haga el diagnóstico cuanto antes se podrá actuar. Actualmente no existen medios efectivos para prevenir el autismo, ni tratamientos totalmente eficaces o cura. Sin embargo, las investigaciones indican que una intervención temprana en un entorno educativo apropiado, por lo menos por dos años durante la etapa preescolar, puede tener mejoras significativas para muchos niños pequeños con trastornos del espectro autista. Tan pronto como se diagnostique el autismo, la intervención temprana debe comenzar con programas eficaces, enfocados en el desarrollo de habilidades de comunicación, socialización y cognitivas.

(<http://www.autismspeaks.org/qu%C3%A9-es-el-autismo>)

Autism Speaks has autism info available in the following languages:

Arabic (العربية), Bangla (বাংলা), Bosnian (Bosanski), Cambodian (ភាសាខ្មែរ), Chinese (中国的), French (Français), Greek (ελληνικά), Haitian Creole (Kreyòl Ayisyen), Korean (한국어), Laotian (ລາວ), Portuguese (Portuguesa) , Romanian (Română), Russian (русский), Serbian (српски), Somali (Af-Soomaali), Spanish (Español), and Vietnamese (Tiếng Việt)

Resources from Down Syndrome Association of Mid Columbia

Local and National Down Syndrome resources:

Down Syndrome Association of the Mid-Columbia (DSAMC)
P.O. Box 1211, Richland, WA 99352
Website: www.dsamc.org
Office Phone: (509) 440-1889
Office Email: DSAMC@outlook.com

National Down Syndrome Society (NDSS)
www.ndss.org 1-800-221-4602

National Down Syndrome Congress (NDSC)
www.ndsccenter.org 1-800-232-6372

Northwest Down Syndrome Association (NWDSA) – Annual All Born (In) Conference www.nwdsa.org
11611 N.E. Ainsworth Circle, Portland, OR, (503) 238-0522

Education Resources:

Down Syndrome Foundation of Orange County (DSFOC) - Great resource for education materials! www.dsfo.org (949)757-1177

Printable/Online Activities:

www.starfall.com

www.learningpage.com

www.havefunteaching.com

www.visualaidsforlearning.com

www.tarheelreader.org

www.themeasuredmom.com

www.thisreadingmama.com

www.sightwords.com

www.more.starfall.com

www.superteacherworksheets.com

www.readinga-z.com

App Listings:

www.a4cwsn.com

www.smartappsforspecialneeds.com

www.friendshipcircle.org/apps/

www.adayinourshoes.com

www.momswithapps.com/discover

Good Education Apps:

ProloQuo2Go – Communication

TalkTablet – Communication

ChoiceWorks – visual schedule

Visual Routine – visual schedule

First Then Visual Schedule – Visual schedule

Social Skill Builder – Social skills

Hidden Curriculum for Kids – Social skills

Speech with Milo – Language

Splingo's Language Universe – Language
Write My Name – Writing and Reading
Bob Books Reading Magic – Reading & Phonics
Articulation Station – Speech
ArtikPix - Speech
Injini: Child Development Game Suite – Early learning
Bugs and Buttons – Early learning
Monkey Preschool Lunchbox – Early learning
Math Evolve – Math
TeachMe – Math & Spelling apps
Telling Time – Telling time
Dexteria – Fine Motor skills
Fruit Memory Match Game – Memory skills
Crazy Copy – Memory skills
Toca Boca – Self Directed play
Toca Hair Salon – Self Directed play
My Underwear – Self Directed play
Faces iMake – Art
Zen Brush – Art
Paint Sparkles Draw - Art

Educational Overview:

www.dseinternational.org (Down Syndrome Education International)
www.ndss.org/Resources/Education/
www.cast.org (Center for Applied Special Technology)
www.openbooksopendoors.com
SWIFT Schools – www.swiftschools.org

Books and Ebooks:

-Reading and Writing Development for Children with Down Syndrome -
Ebook
-Number Skills for Children with Down Syndrome – Ebook
-Memory Development for Individuals with Down Syndrome – Ebook

- A Reading and Language Intervention for Children with Down Syndrome –
- Teacher’s Handbook – Book and CD by Kelly Burgoyne, Sue Buckley & more
- Literacy Skill Development for Students with Special Learning Needs – Book by Leslie Broun and Patricia Oelwein
- Teaching Reading to Children with Down Syndrome (A Guide For Parents and Teachers) – Book by Patricia Oelwein
- Teaching Math to People with Down Syndrome – Book and CD by DeAnna Horstmeier
- Fine Motor Skills for Children with Down Syndrome – Maryanne Bruni
- Gross Motor Skills for Children with Down Syndrome – Patricia Winders
- Teaching Children with Down Syndrome About Their Bodies, Boundaries and Sexuality – Terri Couwenhoven

Educational programs:

- Math.U.See – www.mathusee.com – Math program
- Handwriting Without Tears – www.hwtears.com/hwt - Handwriting, spelling, math & literacy program
- Special Reads for Special Needs – www.specialreads.com – Reading program

Educational Law:

- IDEA Law (Individuals with Disabilities Education Act) – www.idea.ed.gov
- www.wrightslaw.com – many books about IDEA Law, IEP’s, Assessments, Advocacy – Authors Pete & Pam Wright

Fun and Informational Books about People with Down syndrome:

Woodbine House – www.woodbinehouse.com – all of the books below can be found at this website.

A Room of Golden Shells

Animal Fun for Everyone

Babies with Down Syndrome, 3rd Edition

Gifts

Gifts 2

I Can, Can You?
I Like Berries, Do You?
Kids Like Me – Learn ABC's
Kids Like Me – Colors
My Friend Isabelle
My Up & Down & All Around Book
We'll Paint the Octopus Red
Views from Our Shoes – Sibling book
The Girls' Guide to Growing Up
The Boys' Guide to Growing Up
Managing My Money
Mental Wellness in Adults with Down Syndrome
Boyfriends & Girlfriends
Moving Out – A Family Guide to Residential Planning for Adults with
Disabilities
Getting From Me to We
The First 18 Months DVD
Down Syndrome Parenting 101

Other Favorites: Order these from www.amazon.com

My Friend Has Down Syndrome
Bloom
Road Map to Holland
Adults with Down Syndrome
Count Us In
Expecting Adam

****Please note that Better Together is not endorsing nor recommending any one service. This is for informational purposes only. Join our Facebook group to discuss what resources our Better Together families find most useful, link on www.BetterTogetherTC.com. Please let us know if you know of missing or incorrect information.***